Civil Air Patrol

Health Services Update

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7 August 2019

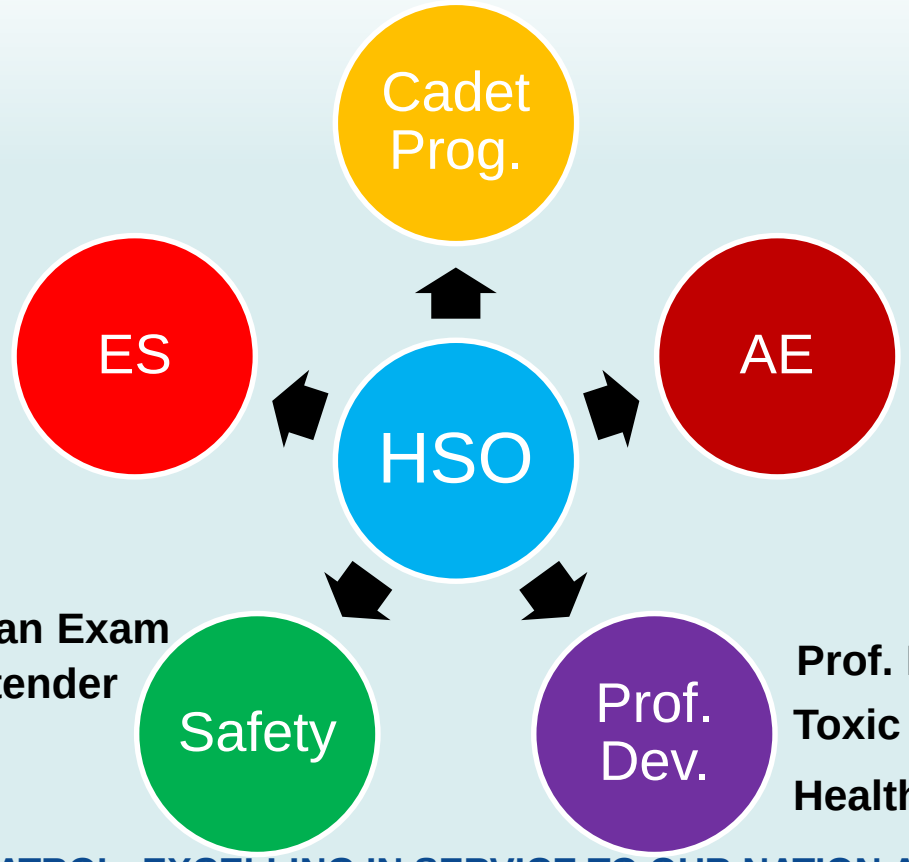
ONE CIVIL AIR PATROL, EXCELLING IN SERVICE TO OUR NATION AND OUR MEMBERS!

Health Services - Summary

- The HS program is professionalizing, which will lead to consistent health information and delivery.
- Updating the Health Services Regulation (CAPR 79-1)
- Instituting a Health Services Professional Development Pamphlet (CAPP 79-1)
- Updating the Health Services Form (CAPF 79-1, 79-2, 79-3)

Health Services - A Mission Enabler

Health Promotion for Cadet ages
Cadet Physical Fitness Mentoring
Reasonable Accommodation support



Medical Planning
ICS 206 (Medical Plan)
First-Aid Instruction
Qualified in General ES

sUAS / Aircrew checklists
Flight Crew Annual Aeromedical Brief
Fit for Flying Lectures
BMI / Weight optimization

Safety Officer Technician Exam
Works as Safety extender

Prof. Dev. advancement
Toxic Leadership Lectures
Health Promotion for Senior Ages

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Changing the HSO Culture

- **All HSOs will review the new "CAP Introduction to being a Health Services Officer" lecture with their Unit Commander to realign mission sets and expectations - September 2019.**

- **Transition the HSO role to medical planner, educator, aeromedical advisor and mentor for healthy lifestyle. Clear emphasis on public health information, medical planning, advocate for reasonable accommodations, and instructor of First-Aid / CPR / AED.**

- **Transition HSO website to provide the vetted and approved lectures to facilitate the transition.**

Changing the HSO Culture

- **HS Regulation cleared Napoleon's Corporal review and will be staffed to Region Commanders, Directors and Chiefs next week:**

1. **Increased emphasis on medical planning – ensuring first-aid capable teams and that there is a clear plan for First-Aid / EMS / hospital care.**
2. **Increased emphasis on aeromedical expertise – ensuring that aircrews (mission pilots, observers, scanners, aerial photographers, and sUAS crews) have the proper knowledge about medication side-effects, fatigue, wellness, spatial disorientation, visual illusions.**
3. **Increased emphasis on supporting reasonable accommodations – being the conduit between guardians / members and Cadet Programs / Commanders to best ensure that our members can perform their mission essential functions.**

Changing the HSO Culture

- **HSO Specialty Track has been peer-reviewed by operations and professional development. Intended schedule is to publish concurrently to the HS CAPR.**
- **Bottom Line: If a HSO Specialty Track Rating was previously awarded, it will remain.**
- **The intent is to use the Health Services Specialty Track as a means to capture the HSO mission-support areas.**
- **Examples:**
  - Successfully complete the on-line CAP "Fit For Flying" program and successfully completes the exam.
  - Complete the on-line Technician Level Safety Course and pass the on-line test with a grade of 80%
  - Complete two ICS 206 forms with a Mission Safety Officer
  - Successfully complete two activity health assessments for two separate activities at the unit level or higher and brief those medical support recommendations to an activity director / incident commander / unit commander.

Changing the HSO Culture – Form Changes

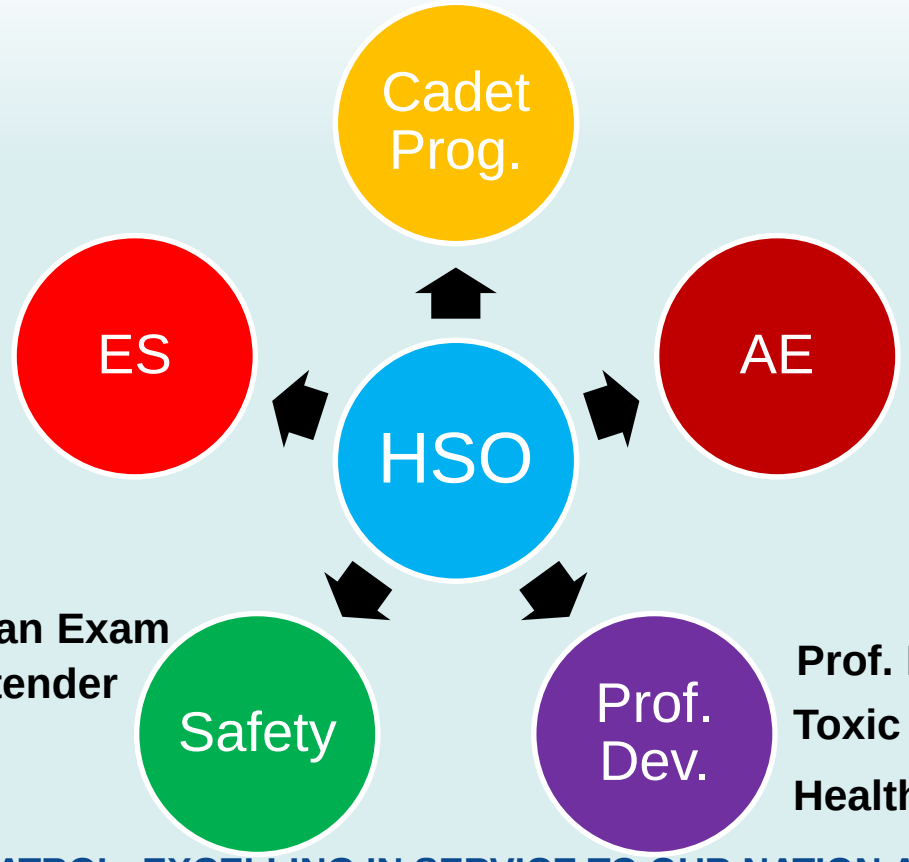
- <u>DRAFT 79-1, Minor / Ward Health Form</u> – includes guardian consent for treatment, emergency contact information, over-the-counter medications, insurance information, allergy information, health history, declaration of physical, emotional, psychosocial, and/or cognitive items you want a CAP adult to know for success, and reasonable accommodation requests.
- <u>DRAFT 79-2, Adult Health Form</u> – emergency contact information, health history, insurance information, and declaration of any condition that could be aggravated.
- <u>DRAFT 79-3, Member Health Participation Level Form</u> – A voluntary form that an IC/Commander/Activity Director may require signed by a healthcare provider that declared that the member can participate in Arduous, Field, Urban, or Office environments, declares restrictions and accommodations.

Health Services Mission / End-State

- **The HSO program fully supports all three CAP missions –**
  - **Our members are the most crucial resource and supporting their wellness allows CAP to better accomplish all missions.**
  - **HSOs are well-rounded professional Officers capable of professionally integrating and succeeding inside all three mission spaces; elevating the CAP enterprise.**
  - **HSOs will provide vetted, peer-reviewed, world-class information based on the USAF and CDC best practices to improve the health and wellness of Cadets and Seniors as a force multiplier.**

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Lines of Effort – Emergency Services

ES

- **<u>General ES</u> – all HSOs will be qualified in General ES.**
- **<u>Medical Planner</u> – HSOs will work with EMS/hospitals to create system for improved 911 responses at all activities.**
- **<u>First-Aid Instruction</u> – HSOs will create first-aid capable members to bridge gap between incident-EMS by becoming accredited by a recognized program.**
- **<u>ICS 206 / Activity Health Assessments</u> – working to create training for all HSOs to be able to complete ICS 206 (Medical Plan) for incidents and routine operations in collaboration with the Mission/Activity Safety Officer.**
- **<u>Blood borne Pathogen Instruction</u> - OSHA requirement**

Lines of Effort – Cadet Programs

Cadet Prog.

- **<u>Educator / mentor for Cadet physical fitness</u> – using the draft CAPP 52-18 as the format to reduce injury and increase health as a means to increase Total Force readiness.**
- **<u>Wellness for Cadet Ages</u>:**
  - **Tobacco / electronic cigarette education**
  - **Stress reduction**
  - **Healthy eating and weight optimization**
  - **Resiliency Education (alongside PRES [CISM] and Chaplaincy)**

Lines of Effort–Aerospace Education

AE

- **<u>Fit for Flying</u> – Text initially created by Drug Demand Reduction and will be used by HSOs to create a baseline of knowledge for our members to teach aircrew the human factors of the flight environment.**
- **<u>Annual Aeromedical Lecture</u> - required for USAF and FAA for BasicMed Rule.**
- **Ensures trained HSOs are providing vetted and approved lectures to reduce risk of our aircrews like educating them to read over-the-counter medication side effects.**

Lines of Effort – Safety

Safety

- **HSOs will become qualified Safety Technician Level professionals, which will increase the CAP safety footprint.**
- **Will create a cadre that is knowledgeable with the Human Factors of accidents.**
- **Collaborate with Safety Officers on preparing the ICS 206 (Medical Plan) for activities and missions.**

Lines of Effort – Prof. Development

Prof. Dev.

- **HSOs will for the first time be required to participate in the CAP Professional Development Program.**
- **HSOs will provide approved and vetted toxic leadership lectures to ensure the command culture is positive.**
- **HSOs will provide wellness guidance to Senior aged members such as getting routine health screenings, practicing hearing conservation (wearing ear protection while participating in loud activities), and healthy lifestyle choices.**


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