

Guide for Pre-Activity Risk Safety Briefings

These should be given before every activity. What constitutes an activity? Every time you gather a group (big or small) and begin to an event or activity. Examples might be an obstacle course run, an AE project, raising a large tent, beginning a mile run, or even gathering to clean up the barracks.

These briefings don't need to be given by the safety officer. On the contrary, they will have more credibility, and become more a part of the "routine" of risk management if they come from the experts who are running the event.

For a complex event like an obstacle course, the risk safety briefing can be built into the briefing that explains how the event is to be conducted, or the instructions or "rules" for the event. Using the [Pre-Activity Risk Safety Briefing](#) guide we've provided, you can quickly go through the hazards you'll be facing, the risks they present, how you will control those risks, and how you will prevent mishaps.

A member of the cadet staff could give this briefing. It could be a discussion, asking for other cadets to list the risks they see and how they'd avoid them. Think of this as a "huddle" where you all gather together and concentrate on how to prevent mishaps for THIS specific event.

Ask what could go wrong and how to keep that from happening. Encourage participation and thank them for taking part.

At the end of that briefing, let the cadets know that their goal is to compete the mission "...without getting hurt." That will give them the right level of hazard awareness as they begin.

