

## Adopt Lessons:

The teacher and squadron should agree on at least three of the following lessons to fulfill the minimum requirements for this program. These lessons align with the Adopt Materials sent for the program.

1. Lesson options for grades 6,7, or 8:
  - a. [6<sup>th</sup> grade Bernoulli Bag lesson](#), “Air-mazing Experiment” (goes with Bernoulli Bags)
  - b. [6<sup>th</sup> grade Rocket Football lesson 1](#), “From Football to Flight” (goes with Rocket Footballs)
  - c. [6<sup>th</sup> grade Rocket Football lesson 2](#), “Statistically Speaking” (goes with Rocket Footballs)
  
2. Lesson options for 5<sup>th</sup> grade:
  - a. [Balsa plane lesson 1](#), “Forces of Flight” (lesson 2 builds on lesson 1)
  - b. [Balsa plane lesson 2](#), “Plot Your Plane” (can do both lessons or just the first one)
- The AeroProp and CAP Paper Airplanes will also be used in 5<sup>th</sup> grade.
  
3. Additional lesson options for all 5<sup>th</sup>-8<sup>th</sup> grade classes:
  - a. [CAP Paper Airplanes and lesson](#)
  - b. [AeroProps lesson](#)
  - c. [Paper Rotorcraft to go with AeroProps Lesson](#) (This is an optional opportunity for the 6<sup>th</sup> grade students to teach the AeroProp lesson to a younger classroom using the paper rotorcraft items.)

**The program is designed to use at least three of the lessons included for the appropriate grade level. But, if after the minimum of three lessons are completed and the squadron and teacher wish for more activities, please consider any of the other ideas listed in the additional activity ideas [HERE](#).**