



CIVIL AIR PATROL United States Air Force Auxiliary

CADET ENCAMPMENT PROGRAM

C3 Becoming a Core Values Leader

Lesson Plan

Date & Time of Talk:

Location:

Arrival Time:

Point of Contact:

Cell Phone:

Email:

Thank you for volunteering to support Civil Air Patrol cadets. You're going to have fun interacting with the cadets because this group is bright, enthusiastic, and possesses a seriousness of purpose that you won't find among an ordinary group of young people.

Overall Goal: The purpose of this session is to motivate cadets, who have already affirmed the CAP Core Values, to inspire their peers (especially their non-cadet peers) to live up to those same moral values. Cadets are young leaders and as such are potential role models in their schools, sports teams, clubs, and communities at large. Further, this series of lessons and activities aims to equip cadets with practical skills on how they can act on that motivation to lead and affect change in their peers' behavior, particularly as it relates to bullying.

Suggested Duration: 45 min

Audience. Teenaged cadets enrolled in the Civil Air Patrol Cadet Program, a youth activity imparting leadership skills in an aerospace-themed environment. Their #1 area of interest is aviation or aerospace. Their #2 area of interest is military service and leadership in general. Your CAP point of contact will tell you how many cadets are in attendance.

Background. Cadets have completed introductory lessons on the CAP Core Values, and through the encampment experience, lived in an environment that has challenged them to demonstrate their commitment to those values. This session builds on that foundation and takes a further step in preparing cadets to be ambassadors of those moral values.

Suggested Format. This session is comprised of three lessons / activities, each with their own lesson plans.

1. First, a quiz prompts the cadets to thoughtfully examine their experiences with bullying and provides a baseline for approaching the topic of bullying.
2. Second, cadets will consider practical tips on how to respond if they are bullied, if they witness bullying, or if they have been acting like a bully.
3. Third and finally, cadets see how bullying and other forms of prejudice escalate through a discussion called the "Ladder of Prejudice."

Audio Visual Support. Your CAP point of contact will tell you what A/V support is available. A set of slides is available to facilitate the lessons.

Lesson Materials. (External link to Tolerance.org materials, used with permission)

A Bullying Quiz	lesson plan, quiz, and follow-up questions
Ladder of Prejudice	lesson plan
Bullying: Tips for Students	lesson plan