

**NEW CADETS
START HERE**

CIVIL AIR PATROL CADET SUPER CHART

PHASE I THE LEARNING PHASE

PHASE II THE LEADERSHIP PHASE

ACHIEVEMENT 1 ACHIEVEMENT 2 ACHIEVEMENT 3 WRIGHT BROTHERS AWARD ACHIEVEMENT 4 ACHIEVEMENT 5 ACHIEVEMENT 6 ACHIEVEMENT 7 ACHIEVEMENT 8 BILLY MITCHELL AWARD

MANDATORY TRIAL PERIOD

Orientation begins immediately using *Cadet Great Start*, but the prospective cadet must attend three meetings before the unit commander may approve the membership application. Cadet receives *New Cadet Kit* within two weeks of joining.



JOHN CURRY

First National Commander of the Civil Air Patrol and a strong advocate for female aviators



HAP ARNOLD

Commanding general of U.S. Army Air Forces during World War II



MARY FEIK

Pioneer in the fields of aviation mechanics and engineering, and proud CAP member



ORVILLE & WILBUR WRIGHT

First men to achieve powered, controlled, sustained, heavier-than-air flight



EDDIE RICKENBACKER

America's "Ace of Aces" during World War I; he wanted CAP cadets to know him as "Eddie"



CHARLES LINDBERGH

First man to fly across the Atlantic Ocean solo, non-stop, aboard the "Spirit of St. Louis"



JIMMY DOOLITTLE

Pioneer in field of aeronautical engineering and leader of the World War II air raid on Tokyo



ROBERT GODDARD

The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket



NEIL ARMSTRONG

First man to set foot on the Moon, aboard Apollo 11 on July 20, 1969 - "One giant leap for mankind"



BILLY MITCHELL

America's first vocal advocate for military airpower, he proved the airplane could sink ships

GRADE, INSIGNIA, & AWARDS

CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET SECOND LIEUTENANT

Eligible for Curry Blues Voucher

Eligible for scholarships, Cadet Officer School and Civic Leadership Academy; eligible for E-3 in the USAF; eligible for promotion to 2d Lt as a senior member at age 21

PROMOTION ELIGIBILITY REQUIREMENTS

	ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROTHERS AWARD	ACHIEVEMENT 4	ACHIEVEMENT 5	ACHIEVEMENT 6	ACHIEVEMENT 7	ACHIEVEMENT 8	BILLY MITCHELL AWARD
LEADERSHIP	Learn to Lead Chapter 1 & Drill Test	Learn to Lead Chapter 2 & Drill Test	Learn to Lead Chapter 3 & Drill Test	Learn to Lead Comprehensive Exam with Drill	Learn to Lead Chapter 4 & Drill Test	Learn to Lead Chapter 5 & Drill Test	Learn to Lead Chapter 6 & Drill Test	Learn to Lead Chapter 7 & Drill Test	Learn to Lead Chapter 8 & Speech, Essay & Drill	Learn to Lead Comprehensive Exam
AEROSPACE	No Requirement	Aerospace Dimensions Any Module	Aerospace Dimensions Any Module	No Requirement	Aerospace Dimensions Any Module	No Requirement	Aerospace Dimensions Comprehensive Exam			
CHARACTER	Cadet Wingman Course	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	No Requirement				
FITNESS	Attempt CPFT as a Baseline	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days
SPECIAL ACTIVITY										Graduate Encampment

CADET PHYSICAL FITNESS TEST STANDARDS

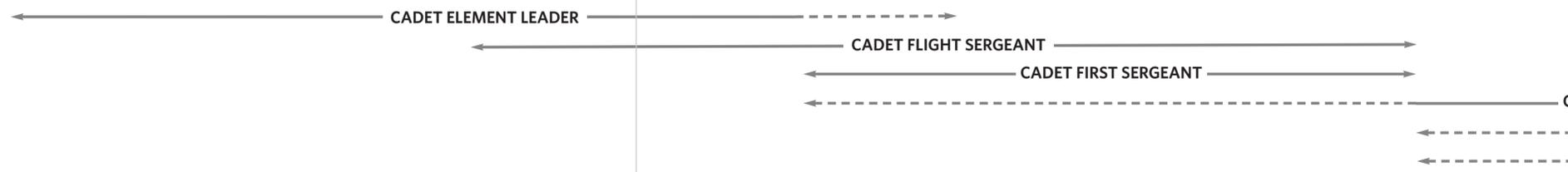
Training & acclimation
No CPFT performance standards

AGE	RUN EITHER																	
	PACER (20m laps)					1-MILE RUN												
10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+	
MALE	17	20	23	29	36	42	47	50	54	11:30	11:10	10:40	9:46	9:22	9:04	8:42	8:22	8:04
FEMALE	17	20	23	25	27	30	32	35	38	11:30	11:10	10:40	10:20	10:09	9:58	9:46	9:34	9:22

LEADERSHIP EXPECTATIONS

ATTITUDE	Displays a positive attitude; optimistic; enthusiastic; is team oriented	Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority
CORE VALUES	Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies	Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader
COMMUNICATION SKILLS	Listens actively; attentive; asks good questions	Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)
SENSE OF RESPONSIBILITY	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time	Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out
INTER-PERSONAL SKILLS		Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"
CRITICAL THINKING		
DELEGATION SKILLS		

ELIGIBLE DUTIES partial list



MINIMUM TIME IN GRADE excluding accelerated promotions for JROTC cadets





PHASE III THE COMMAND PHASE

PHASE IV THE EXECUTIVE PHASE

GENERAL CARL A. SPAATZ AWARD

ACHIEVEMENT 9 ACHIEVEMENT 10 ACHIEVEMENT 11 AMELIA EARHART AWARD

ACHIEVEMENT 12 ACHIEVEMENT 13 ACHIEVEMENT 14 ACHIEVEMENT 15 ACHIEVEMENT 16 IRA C. EAKER AWARD



AMELIA EARHART
Record-setting female pilot who was lost while attempting to fly around the world



IRA EAKER
Army Air Forces general and advocate of strategic bombardment during World War II



CARL SPAATZ
First Chief of Staff of the United States Air Force and first Chairman of the CAP National Board

Cadet requests Unit & Wing/CCS permission to attempt Spaatz

CADET SECOND LIEUTENANT No Ribbon Awarded	CADET FIRST LIEUTENANT No Ribbon Awarded	CADET FIRST LIEUTENANT No Ribbon Awarded	CADET CAPTAIN Eligible for the International Air Cadet Exchange; eligible for promotion to 1st Lt and the Cadet Programs Officer technician rating as a senior member at age 21 	CADET CAPTAIN No Ribbon Awarded	CADET CAPTAIN No Ribbon Awarded	CADET MAJOR No Ribbon Awarded	CADET MAJOR No Ribbon Awarded	CADET MAJOR No Ribbon Awarded	CADET LIEUTENANT COLONEL Eligible to receive credit for Squadron Leadership School and Level II as a senior member at age 21 	CADET COLONEL Eligible for promotion to captain, credit for a Cadet Programs Officer senior rating, and the Yeager Award as a senior member at age 21
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<i>LtL</i> Chapter 9 & SDA Service, Writing & Presentation <i>Journey of Flight</i> 3-Chapter Block Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 10 & SDA Service, Writing & Presentation <i>Journey of Flight</i> 3-Chapter Block Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 11 & SDA Service, Writing & Presentation <i>Journey of Flight</i> 3-Chapter Block Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>Learn to Lead</i> Comprehensive Exam <i>Aerospace Dimensions</i> Comprehensive Exam No Requirement Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 12 & SDA Service, Writing & Presentation No Requirement Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 13 & SDA Service, Writing & Presentation No Requirement Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 14 & SDA Service, Writing & Presentation <i>Journey of Flight</i> 3-Chapter Block Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 15 & SDA Service, Writing & Presentation <i>Journey of Flight</i> 3-Chapter Block Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	<i>LtL</i> Chapter 16 & SDA Service, Writing & Presentation <i>Journey of Flight</i> 3-Chapter Block Participate in 1 Activity Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Speech & Essay No Requirement Participate in 1 Activity & Have Attained HFZ in Previous 180 days Graduate Cadet Officer School or Region Cadet Leadership School	<i>Learn to Lead</i> Comprehensive Exam <i>Journey of Flight</i> Comprehensive Exam Essay Exam USAF Academy Candidate Fitness Assessment
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PYFP and USAFA test protocols differ greatly.

INITIAL YOUTH FITNESS PROGRAM HEALTHY FITNESS ZONE (HFZ) STANDARDS																				USAF ACADEMY CANDIDATE FITNESS ASSESSMENT								
CURL-UPS										PLUS 2 of 3								SIT & REACH (avg. inches)		M	F							
10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+	SIT-UPS	MILE RUN
12	15	18	21	24	24	24	24	24	7	8	10	12	14	16	18	18	18	8	8	8	8	8	8	8	8	8	81	78
12	15	18	18	18	18	18	18	18	7	7	7	7	7	7	7	7	7	9	10	10	10	10	12	12	12	12	62	41
																											6:29	7:30

Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others	Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement
Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain	Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently
Writes and speaks clearly; presents ideas logically; wins through persuasion	Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues
Given an assignment, takes project from beginning to end; develops appropriate goals, plans, standards, and follows through in execution; demonstrates sense of ownership in all assignments	Completes large projects with little supervision; follows and sets a command intent; self-starter
Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectfully when disagreeing with superiors	Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure
Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas	Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems
Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders	Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge

