

BEFORE Your Flight



Take some time to reflect before and after your flight so you can learn about flying, and also learn about yourself. Ask for help if any questions are confusing or difficult to answer.

1. Why did you come here today? Why are you going to fly today?

2. How are you feeling right now? Why might you feel these ways? (For example, "I feel excited about _____ because _____, and I feel nervous about _____ because _____.")

3. **If you have flown before (as a pilot or passenger):** What were your past experiences with flying? How did you feel when taking off, flying, and landing?

4. **If this is your first time piloting an aircraft:** How are you feeling about flying an aircraft for the first time?

5. What are you hoping to learn today about flying?

6. How do you feel about flying, aircraft, and aerospace in general? Do you think you might be interested in being involved in any of these in the future?

AFTER Your Flight



Take some time to reflect before and after your flight so you can learn about flying, and also learn about yourself. Ask for help if any questions are confusing or difficult to answer.

7. How are you feeling right now? Why might you feel these ways? (For example, “I feel curious about _____ because _____, and I feel relieved about _____ because _____.”)

8. What did you like about your experiences today? (“I like...”)

9. What do you wish was different about your experiences today? (“I wish...”)

10. What are you still wondering? What do you still want to learn or do? “I wonder...”

11. Re-read your answers to the questions above. What do your answers tell you about yourself, or what questions do you have?

12. Review your answers from “Before Your Flight.” What went as expected? What was surprising?

13. What are your next steps? If you want to learn and experience more about flying, aircraft, and aerospace, who might support you? How will you share your interest with them?

My next steps:

