



TO SERVE CADETS - RECIPES

Hamburger Stroganoff

Yield: Makes approximately 100 servings

Ingredients:

30 lbs ground beef
5 onions, finely chopped
1 #10 can mushrooms
2 Tbsp salt
1 tsp pepper
5 quarts beef stock or water with beef base
1 lb flour
4 cups cold water
1 ½ cups Worcestershire sauce
2 qts sour cream

Brown the ground beef and the onions. Add the salt and pepper. Add stock to meat and simmer 20 minutes or so.

Mix flour, water, and Worcestershire sauce and stir until smooth. Add to meat while stirring and cook until thickened.

Add mushrooms to the meat mixture and heat.

Add sour cream to meat mixture, stirring constantly. Heat to serving temperature.

Serve with noodles or steamed rice.

Approximately 100 servings.

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