

CIVIL AIR PATROL CADET RESET AGREEMENT

A CADET'S SECTION

A1. CADET'S REQUEST

I, Cadet Name----- ask to "reset" my relationship with CAP. There's been a lot of turmoil lately and I believe it'd be best for everyone if we could pause for a week's reflection, reset our relationship, and start again in my relationships with adult leaders and fellow cadets.

A2. GOALS. My goals in CAP for the coming year include:

- 1 Earn my Mitchell Award by December 31st.
- 2 Serve on cadet cadre at encampment.
- 3 Generally to have fun and to enjoy a positive relationship with my adult leaders and fellow cadets.

A3. SELF-HELP. I will take the following steps to support my own success:

- 1 Review this Honor Agreement at home every week, while I'm getting ready for the squadron meeting.
- 2 Follow all instructions promptly, without backtalk.
- 3 Talk about my performance with my wingman, Cadet Curry, for 1 or 2 minutes at the end of each meeting.

A4. ADULT SUPPORT. I ask for local leaders to support me in these ways:

- 1 Catch me doing things right. I feel that I haven't received my fair share of praise.
- 2 If you need to correct me, try hard not to embarrass me in front of other cadets.
- 3 Reassign me to Bravo Flight. I don't get along with people in Alpha Flight.

B ADULT LEADERSHIP'S SECTION

B1. OUR COMMITMENT

We affirm that we're cheering for you to succeed as a cadet. As your squadron leadership, we want to help you achieve your goals as a cadet. Here is some helpful feedback about your goals:

Those goals are pretty good. You'd have to make every promotion right on time to get your Mitchell by December though. A more realistic goal is to aim for the Armstrong.

B2. OUR REQUIREMENTS

For this reset to work, we need you to know that the following items are "must do's" regarding your behavior.

- 1 No more insubordination. Follow all instructions, immediately, and without any backtalk or dirty looks.
- 2 Don't pick on Cadet Arnold. Don't interact with her at all. Give her space. If you need something from her, ask Cadet Feik for help instead.

B3. FEEDBACK ON YOUR IDEAS

We've read what you've said in Parts A3 and A4, and offer this feedback:

Everything you wrote is fine. On item A4 #2, we'll have C/Capt Earhart make any corrections and she'll be as tactful as possible.

C NEXT STEPS TOGETHER

C1. PAUSE TO REFLECT & RECOMMIT

I, Cadet Name----- will voluntarily take Week Off Date off from CAP. During this time, I won't contact CAP members, except friends and classmates. I'll use the time to reflect upon the commitments I've made in this Reset Agreement. When I return on Return Date, I will begin a fresh start in CAP, while retaining my current grade.

C2. PRIVILEGES DURING THE PAUSE

During this reset period, no promotions will be awarded. Cadet Name----- will be eligible for a promotion on Date B* assuming he or she fulfills the usual requirements. It is conceivable that Cadet Name----- will need to re-earn our trust through completing a second version of this agreement lasting a second 30 days to show that he or she is indeed deserving of a promotion. { *30 days after Return Date }

C3. FOLLOW-UP CONVERSATION

We will meet again on Date B----- where we will each consider how we have performed through this agreement. We expect that you'll find that we've done our best to support you, and we'll find that you've honored the agreement. If that has not been the case, we may pursue another type of progressive discipline, such as a demotion.

C4. NEXT DECISION POINT

On Date B-----, we may declare the reset a success. Alternatively, we may negotiate a new version of this agreement, wherein we'll challenge you to work on one or two expectations that can support your own goals as a cadet. If we enter a second agreement, it would begin immediately, without need for a second week of reflection.

I have read this Reset Agreement. I promise to work hard to uphold my commitments so that I may reset my relationship with CAP.

Cadet's Signature

Date

Parent's Signature

Date

Squadron Commander's Signature

Date