

FFF Learning Evaluation – Multiple Choice Questions

**Part Four**  
– Not Fit to Fly –

1. In this section two high-performance humans are compared. They are:
  - A. Pilots and ground crew members
  - B. Pilots and astronauts
  - C. Pilots and race car drivers
  - D. Pilots and World War II Aces
2. Easily obtained nonprescription medications at local drugstores are known as what?
  - A. Illegal drugs
  - B. Illicit drugs
  - C. Substances
  - D. OTC (over-the-counter) drugs
3. Sedatives, pain-relief substances, tranquilizers, anti depressants, and cold and flu medications all have what that could make them dangerous?
  - A. Primary and secondary effects
  - B. Blood thinners
  - C. Psychological effects
  - D. Intestinal effects
4. Of the two broad categories of pain-killers, what type reduces pain?
  - A. Anesthetics
  - B. Analgesics
  - C. Asthmatics
  - D. Antibiotics
5. Of the two broad categories of pain-killers, what type deadens pain?
  - A. Anesthetics
  - B. Analgesics
  - C. Asthmatics
  - D. Antibiotics
6. The side-effects of pain medications can be\_\_\_\_\_.
  - A. Mental confusion
  - B. Inability to make quick and accurate decisions
  - C. Vision problems
  - D. All of the above
7. What type of drugs reduce the body's functioning in many areas?
  - A. Amphetamines
  - B. Stimulants
  - C. Depressants
  - D. Antacids
8. Of all the drug problems in today's society, which one is the most serious according to our national health authorities?
  - A. Alcohol
  - B. Marijuana
  - C. Cocaine
  - D. Coffee
9. When purchasing any over-the-counter medication, it is highly recommended that buyers always check what?

- A. The company who manufactured the product
  - B. The contents label
  - C. Price comparisons with generic medications
  - D. The other uses for the product
10. Amphetamines, caffeine, and nicotine are all \_\_\_\_\_ drugs.
- A. Depressant
  - B. Hypnotic
  - C. Stressful
  - D. Stimulant
11. The rate of alcohol absorption depends on which of the following items?
- A. Concentration of alcohol in the beverage
  - B. The human's bodyweight
  - C. How fast the alcoholic beverage is consumed
  - D. All of the above are correct
12. What type of alcohol is most commonly consumed by a human?
- A. Methanol
  - B. Ethanol
  - C. Isopropanol
  - D. Hexane
13. At which level of blood alcohol concentration is there possible death due mostly to respiratory paralysis?
- A. 0.09 - 0.25
  - B. 0.18 - 0.30
  - C. 0.35 - 0.50
  - D. None of the above - the levels are not high enough
14. Many experts believe that \_\_\_\_\_ may be an even greater threat than mild intoxication for a pilot of flight crewmember?
- A. A hangover
  - B. One beer
  - C. An alcoholic binge
  - D. Drinking hand sanitizer
15. What makes alcohol consumption even more dangerous for flying pilots and passengers?
- A. Other people's discomfort
  - B. Not enough time to clear alcohol from the body on a flight
  - C. More prone to stagger and fall
  - D. High altitude; less pressure
16. Using weight-loss products can be especially dangerous when purchased where?
- A. The Internet
  - B. Local pharmacist
  - C. From friends
  - D. From Canada
17. Prescriptions from your primary-care physician may be of concern to pilots. Why?
- A. Because they are not FDA approved
  - B. Because they may have side-effects in the flying environment unknown to the physician
  - C. Because they are not on the government's list of approved medications
  - D. Because they may have dental side-effects
18. Which professional is an expert in drug side-effects?
- A. Dentist
  - B. Pharmaceutical salesperson
  - C. Pharmacist
  - D. Flight instructor

19. Which of the following over-the-counter medication is most likely to have side-effects that could affect pilot performance?

- A. Dramamine
- B. Pepto-Bismol
- C. Carbonated water
- D. Aspirin

20. Who is the person ultimately responsible for determining the pilot's day-to-day "fitness for flying?"

- A. FAA
- B. AME
- C. Pharmacist
- D. Pilot