

# CIVIL AIR PATROL CADET RESET AGREEMENT

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## **A** CADET'S SECTION

### **A1. CADET'S REQUEST**

I, \_\_\_\_\_ ask to "reset" my relationship with CAP. There's been a lot of turmoil lately. I want to earn an opportunity to get right with CAP. To show that I'm serious about this, I will pause my CAP involvement for \_\_\_\_\_ weeks. During that time, I'll reflect on my duties as a cadet and prepare myself for success.

**A2. GOALS.** My goals in CAP for the coming year include:

**A3. SELF-HELP.** I will take the following steps to support my own success:

**A4. ADULT SUPPORT.** I ask for local leaders to support me in these ways:

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## **B** ADULT LEADERSHIP'S SECTION

### **B1. OUR COMMITMENT**

We affirm that we're cheering for you to succeed as a cadet. As your squadron leadership, we want to help you achieve your long-term goals as a cadet and a young adult. Here is some helpful feedback about your goals:

### **B2. OUR REQUIREMENTS**

For this reset to work, we need you to know that the following items are "must do's" regarding your behavior.

*Our requirements, continued . . .*

### **B3. FEEDBACK ON YOUR IDEAS**

We've read what you've said in Parts A3 and A4, and offer this feedback:

## C NEXT STEPS TOGETHER

### C1. PAUSE TO REFLECT & RECOMMIT

I, \_\_\_\_\_ will voluntarily take \_\_\_\_\_ weeks off from CAP, beginning on \_\_\_\_\_.

During this time, I won't contact CAP members, except friends and classmates. I'll use the time to reflect upon the commitments I've made in this Reset Agreement.

I plan to return to CAP on \_\_\_\_\_.

I acknowledge that I have promised to do certain things listed in sections A3 and/or B2 to make that return possible. If I have not accomplished those tasks, I'll need to extend my reset for another \_\_\_\_\_ weeks.

### C2. PRIVILEGES DURING THE PAUSE

During this reset period, no promotions will be awarded. Cadet \_\_\_\_\_ will be eligible for a promotion on \_\_\_\_\_ assuming he or she fulfills the usual requirements.

It is conceivable that Cadet \_\_\_\_\_ will need to re-earn the trust of his or her leaders by completing a second version of this agreement lasting \_\_\_\_\_ weeks to show that he or she is indeed deserving of a promotion.

### C3. FOLLOW-UP CONVERSATION

We (squadron leadership and the cadet) agree to meet again on \_\_\_\_\_ to consider how both sides have performed through this agreement.

Squadron leaders expect that Cadet \_\_\_\_\_ will find that they've done their best to support him or her. Likewise, squadron leaders will find that the cadet has honored this agreement and earned a fresh start in CAP, at his or her current grade.

If that has not been the case, the squadron may extend this reset period, pursue another type of progressive discipline, such as a demotion. Although CAP is working hard to avoid imposing the worst possible punishment – terminating the cadet's membership – that option remains available as a last resort.

**C4. NEXT DECISION POINT** On \_\_\_\_\_, squadron leadership may declare the reset a success. Alternatively, they may negotiate a new version of this agreement, wherein they'll challenge Cadet \_\_\_\_\_ to work on one or two expectations that can support his or her own goals as a cadet. If a second agreement, is needed, it would begin immediately, without need for a second week of reflection.

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**THIS SPACE IS AVAILABLE FOR ADDITIONAL COMMENTS**

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CADET'S SIGNATURE

DATE

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SQUADRON COMMANDER'S SIGNATURE

DATE

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PARENT'S SIGNATURE

DATE

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OPTIONAL ADDITIONAL SIGNATURE

DATE