

## TEAM LEADERSHIP PROBLEM

### 5. OH, SNAP

**Theme:** Teamwork Fundamentals

**Estimated Time:** 25-30 minutes

**Resources Required:** Pack of paper plates, tape, snaps (little, white-wrapped fireworks that make snapping noise when thrown on ground or stepped on), open flat area like a gym or parking lot, stopwatch (optional)

#### **Activity Description and Step-by-Step Instructions:**

Being responsible for others is part of being a team. This exercise helps to model this attribute.

Find an open, flat area (about the size of a volleyball court; hard surface works best). Mark the boundaries; using lines on the gym floor or parking lot lines are fine.

Tape snaps to the top of 1/4 of the paper plates. Place them randomly within the established boundaries upside down so the Snaps do not show. Place the rest of the plates in the same fashion within the established boundary. Plates should be spaced so participants can easily step from one to another.

Have the group break into teams of 4 or 5. State to the teams that the plates represent stepping stones. Participants must step from one plate to another in order to cross from one side of the playing area to the other while remaining within the boundaries. The plates with the taped snaps are "mined."

When a participant steps on a "mined" plate they are "injured" and a team member must come to their aid. That rescuer must find a way to carry their "injured" team member. If both step on another "mine," they both must start over.

The stopwatch will help if a team wants to know how long it takes to accomplish the task.

#### **Discussion Questions:**

What were some methods used that worked or did not work?

What were some ways to make the team work more efficiently?

What were some concepts learned from this exercise?

How can these concepts be applied to outside this activity?