



LEADERS REFLECT ON LEARNING QUESTIONS

Reflection Story The Rowing Coach

Reflect on your learning:

What learning goals have you set for yourself during this CAP conference?

How do you want to improve and get better in your position as a leader?

Characteristic 1 is: Clear Focused Vision

Reflect on your learning:

How do you live out the core values of CAP how well can you communicate CAP's Mission Statement and Vision?

Characteristic 2 is: Synergize

Reflect on your learning:

How intentional are you in providing team building activities and building synergy with your young leaders?

LEADERS REFLECT ON LEARNING QUESTIONS

Characteristic 3 is: Creative Process

Reflect on your learning:

List 5 ways you can be a total team player, work in synergy, and be creative as you perform all duties aligned with CAP's core values?

- 1.
- 2.
- 3.
- 4.
- 5.

Characteristic 4 is: Trust and Commitment

Reflect on your learning:

How do you define trust? How important is trust in everyday life? How are you applying the seven connecting habits in your life?

Characteristic 5 is: Managing Your Emotions

Reflect On Your Learning

How do you manage under pressure or stress? What are you go to techniques?

Characteristic 6 is: Commitment Competent and Caring = Confidence

Reflect on your learning:

How do you/we manage our environment and responsibility?

REFLECTIONS AND TAKE-A-WAYS

In your break out rooms reflect on the questions that apply to your learning.

What did you learn?

What did you find interesting?

What other questions do you have?

How can you apply this to your situation?