

**Approved: 13 May 2021**



# Post-COVID-19 Remobilization of the Membership Plan

## Phase III: Resuming Overnight Activities (Bivouacs, Conferences, Encampments, etc)

NATCAPWG  
Completed 13 JUL 2020/Updated 13 MAY 2021

Template Updated 20 April 2021

## COVID-19 Remobilization of the Membership Plan – Phase III

This plan has been developed for the National Capital Wing, using the template provided by the Civil Air Patrol National Headquarters to enter Phase III, Resuming Overnight Activities.

Additional staffing and resources have been coordinated with the Virginia and Maryland Wings, to ensure that all three wings Phase III plans are compatible and synchronized.

**NOTE:** *Deviations from the template are authorized, but should be coordinated by contacting the COVID-19 Planning Team at COVID-19Plans@capnhq.gov.*

Plan Coordinator and Point of Contact: Maj Aaron Newman, NATCAPWG/CV

Primary Phone:

Primary Email:

Narrative Summary of Coordination and Events To-Date in the National Capital Wing:

The National Capital Wing has been operating successfully under Phase II of our remobilization since 8 June 2020. We have been consistently following guidance from CDC and local health organizations in our operating areas in the District of Columbia, Virginia, and Maryland. Our members follow the most restrictive guidance for any given activity, whether that is from CAP NHQ, our Wing HQ, or the locales where the activity takes place.

On 27 April 2021, the NHQ COVID-19 Remobilization team requested that we update our Phase III plan, which had originally been submitted on 13 July 2020. Furthermore, on 9 May 2021, the National Vice Commander anticipated being able to approve Phase III for the National Capital, Maryland, and Virginia Wings on 18 May 2021. This is based on the improving public health situation throughout our operating areas.

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## COVID-19 Remobilization of the Membership Plan – Phase III

### Phase III: Resuming Overnight Activities (Bivouacs, Conferences, Encampments, etc)

*NOTE: Resuming overnight activities will not be done until Phase III, when most public health restrictions have been lifted, schools & businesses have reopened, and the forecasted risk is minimal.*

*Below are the phase III criteria:*

- A four-week downward trend in the daily new case count metric (Federal resources have told us that trends that last this long are far less likely to reverse)
- Daily new case count number should ideally be at 10.0 / 100k population or lower
- Infection rate of 0.9 or lower
- Positive test rate of 5% or lower

Item#	Task	OPR/Assigned Personnel	Date Tasked	Suspense	Date Completed	Notes
3.1.	Verify current state-level guidance allows overnight events to resume	CV/Maj Newman	4/28/2021	5/12/2021	5/9/2021	See Attachment 1 for a review of current guidance.
3.2.	Consult with staff officers to prepare for overnight activities	CV/Maj Newman	4/28/2021	5/12/2021	5/12/2021	Complete.
3.2.1.	Coordinate with Health Services	HS/Lt Col Hattrup	4/28/2021	5/12/2021	5/11/2021	Complete.
3.2.1.1.	Check state and local health guidance regarding gatherings	HS/Lt Col Hattrup	4/28/2021	5/12/2021	5/11/2021	See Attachment 1.
3.2.1.2.	Prepare to communicate with subordinate units on Health Services-related matters to continue selected public health measures	HS/Lt Col Hattrup	4/28/2021	5/12/2021	5/12/2021	Will continue to use Phase II guidance and will modify as needs dictate. (See Attachment 2.)
3.2.2.	Consult with Legal Officer about resuming overnight activities	JA/Lt Col Mazel	4/28/2021	5/12/2021	5/12/2021	See Attachment 1 for legal concerns.
3.2.3.	Coordinate with Director of Safety	SE/Lt Col Carr	4/28/2021	5/12/2021	4/28/2021	Continuing regular coordination with SE.
3.2.3.1.	Verify proper planning and mitigation tools are available to staff and units	SE/Lt Col Carr	4/28/2021	5/12/2021	4/28/2021	Verified.
3.2.3.2.	Prepare to communicate with subordinate units on Safety-related matters	SE/Lt Col Carr	4/28/2021	5/12/2021	4/28/2021	Will continue to use Phase II guidance and will modify as needs dictate. (See Attachment 3.)
3.2.4.	Coordinate with Director of Cadet Programs	CP/Maj Cox	4/28/2021	5/12/2021	5/10/2021	Continuing regular coordination with CP.

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3.2.4.1.	Prepare recommendations for units regarding overnight activities	CP/Maj Cox	4/28/2021	5/12/2021	5/10/2021	Follow the guidance of the HSO; overnight cadet activities will require discussion/approval from Wing DCP to include mitigation/safety plan.
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Phase III: Resuming Overnight Activities (Bivouacs, Conferences, Encampments, etc; continued)

Item#	Task	OPR/Assigned Personnel	Date Tasked	Suspense	Date Completed	Notes
3.2.4.2.	Prepare bullets for units to incorporate when sending messages to parents about the resumption of overnight activities	CP/Maj Cox	4/28/2021	5/12/2021	5/10/2021	See above. Bullet points will focus on safety related items.
3.3.	Query commanders of subordinate units to verify that local governments do not have more restrictive social-distancing guidelines than those at the state level	CV/Maj Newman Sq CCs	4/28/2021	5/12/2021	5/10/2021	See Attachment 1. The most restrictive guidance will apply to any CAP activity.
3.4.	Email the CAP COVID-19 Planning Team at COVID-19Plans@capnhq.gov , and copy the Region Commander for permission to reinstate overnight activities	CV/Maj Newman	4/28/2021	5/12/2021	5/12/2021	Documents sent on 13 May 2021.
3.4.1.	Describe previous coordination accomplished	CV/Maj Newman	4/28/2021	5/12/2021	5/12/2021	See Attachment 1.
3.4.2.	Verify no jurisdictional restrictions are in place from State or Local Governments	CV/Maj Newman	4/28/2021	5/12/2021	5/12/2021	See Attachment 1. The most restrictive guidance will apply to any CAP activity.
3.4.3.	Set date to resume overnight activities, this is the start of Phase III	CC/Col Sterling	4/28/2021	5/12/2021	5/12/2021	Targeting 18 May 2021 in accordance with guidance provided by NHQ/CV on 9 May 2021
3.4.4.	Receive approval from the CAP COVID-19 Planning Team to resume overnight activities. Plan for one-week lead time.	CV/Maj Newman NHQ Team	4/28/2021	5/12/2021	TBD	Suspense is dependent on planning team schedule
3.5.	Publish the date that Phase III will begin to subordinate units	CV/Maj Newman	4/28/2021	5/12/2021	5/12/2021	To be published with 24 hours of NHQ approval.
3.6.	Task Wing Director of Safety to communicate the following to subordinate units:	SE/Lt Col Carr	4/28/2021	5/12/2021	4/28/2021	Complete.
3.6.1.	Units may use steady-state RM forms to mitigate local risks	SE/Lt Col Carr	4/28/2021	5/12/2021	4/28/2021	Guidance from Phase II continues. (See Attachment 3.)
3.6.2.	Units continue to consider face coverings, hand sanitizer, and an emphasis on hygiene during meetings and activities	SE/Lt Col Carr	4/28/2021	5/12/2021	4/28/2021	Face coverings are required indoors for most situations in MD, DC, and VA.

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3.7.	Task Wing Health Service Officer to communicate the following to subordinate units:	HS/Lt Col Hatstrup	4/28/2021	5/12/2021	5/11/2021	Complete.
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Phase III: Resuming Overnight Activities (Bivouacs, Conferences, Encampments, etc; continued)

Item#	Task	OPR/Assigned Personnel	Date Tasked	Suspense	Date Completed	Notes
3.7.1.	Health Services will continue to consider screening with no-touch thermometers prior to entry to the meeting or will require members to take their temperature at home prior to attending the activity	HS/Lt Col Hatstrup	4/28/2021	5/12/2021	5/11/2021	Will continue to use Phase II guidance and will modify as needs dictate. (See Attachment 2.)
3.7.2.	Health Services will educate members on the importance of monitoring their health and avoiding participation in activities if sick	HS/Lt Col Hatstrup	4/28/2021	5/12/2021	5/11/2021	Continuing with Phase II guidance.
3.7.3.	Health Services will continue to educate members on public health practices such as emphasizing hygiene, having face coverings, social distancing for those at high-risk, and common surface cleaning	HS/Lt Col Hatstrup	4/28/2021	5/12/2021	5/11/2021	Continuing with Phase II guidance.
3.8.	Task Wing Director of Cadet Programs to communicate the following to subordinate units:	CP/Maj Cox	4/28/2021	5/12/2021	5/10/2021	Complete.
3.8.1.	Units plan to resume formations, drill, and other close-distance activities as appropriate	CP/Maj Cox	4/28/2021	5/12/2021	5/10/2021	Will discuss with individual units regarding mask wearing and other safety precautions. Close-distance activities for cadets will be done “as necessary” at the discretion of unit commanders and DCCs.
3.8.2.	Units draft a local message to parents to inform them about what CAP is doing to keep Cadets safe while they participate in the resumption of all manner of activities in Phase III (a return to normal post-COVID-19 operations)	CP/Maj Cox	4/28/2021	5/12/2021	5/10/2021	Wing DCP will provide a template to units outlining safety measures, which units can further edit with their specifics.

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3.9.	Task Wing Director of Operations to communicate the following to subordinate units	DO/Col Davies	4/28/2021	5/12/2021	5/12/2021	Complete.
3.9.1.	Identify flight operations permitted during Remobilization Phase III	DO/Col Davies	4/28/2021	5/12/2021	5/12/2021	See Attachment 1.
3.9.2.	Identify requirements for Senior and Cadet members to return to flying as required	DO/Col Davies	4/28/2021	5/12/2021	5/12/2021	See Attachment 1.

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Item 3.1

- As of 12 May 2021:
  - VA allows for gatherings of 50 people indoors and 100 people outdoors. On 15 May 2021, restrictions will be relaxed so that gatherings of 100 people indoors and 250 people outdoors will be allowed. Overnight summer camps are permitted with pre-arrival testing, daily symptom screening, and the use of cohorts for the first 14 days. (It is unlikely any overnight CAP event in NATCAPWG would exceed 14 days.) VA may further relax restrictions on 15 June 2021.
  - DC allows for gatherings of 10 people indoors and 50 people outdoors. Camp activities are permitted pursuant to guidance from the DC Department of Health, although there is no specific guidance about overnight activities. (NATCAPWG will not hold an overnight event in DC unless it is explicitly permitted to do so by DC regulations.) On 21 May 2021, DC intends to relax most restrictions on gatherings, with most all restrictions removed by 11 June 2021.
  - Prince George’s County, MD, allows for gatherings of 20 people indoors and 50 people outdoors. Youth camps are permitted in MD following applicable CDC guidance. The State of Maryland will soon be removing most restrictions, but counties may choose to keep certain limitations in place.
  - Joint Base Andrews, Joint Base Anacostia-Bolling, and Fort Belvoir are all operating at Health Protection Condition Bravo (HPCON B).
  - In any event, the most restrictive guidance will always apply to a CAP activity.

Item 3.2

- Coordination with staff directors continues.

Items 3.2.1, 3.2.1.1, 3.2.1.2

- The Health Services Officer reviewed state and local health guidance (see Item 3.1 above)
- We will continue to use messaging from Phases I and II. The evidence right now seems to support continuing current practices. (See Phase II guidance as Attachment 2, which will be modified if/as necessary to support Phase III).
- For overnight activities, the HSO and JA recommend the following:
  - Each member will have their own room or tent, unless they are from the same home.
  - Note that the six-foot recommendation for social distancing is for a 15-minute cumulative exposure.
  - Increased ventilation is recommended, but not blowing air from one person to others downstream.
  - If possible, “exhaust fans” overhead to draw air away from everyone.
  - Moving activities outside when possible.

Item 3.2.2

- While some overnight activities may be permitted under the various emergency orders in effect in some jurisdictions, there remains significant legal uncertainty, and thus both litigation and reputational risk in conducting activities. While DC and VA each have one uniform standard throughout the jurisdiction, MD has embraced a “county by county” standard. Further VA’s guidelines differ between overnight camps and private campgrounds (and the differences are not well defined in statute or regulation), so organizers would have to be cognizant of the type of campground in which they are operating to apply the correct standard. Additionally, the challenges to NATCAP are increased beyond just trying to harmonize three

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different jurisdictions – we could have to follow five or more sets of guidance on a single overnight trip or outing (e.g., Andrews Composite Squadron takes an overnight trip to a campground in Virginia. Since the Squadron is based on Joint Base Andrews, they would have to comply with JB Andrews guidance, and once they leave post, Prince George’s County and State of Maryland guidance. Then once they cross into DC to get to VA, they have to apply DC guidance, and finally, VA guidance). As you can see from the example, there are 5 different jurisdictions that have governance over a part of the activity. Accordingly, it is recommended that anyone conducting in-person activities review the guidance for every jurisdiction that the activity will transit through or occur in, and observe, for ease of application, the most stringent guidance, even if not controlling in their beginning or terminal jurisdiction, and that all members be briefed on the guidance in effect for the trip.

- Additionally, there remains disagreement between various public health and industry associations as to the specific mitigations required for overnight activities. Thus, if overnight activities were resumed, the organization could be subject to potential tort liability depending on which set of community standards was applied. From a legal perspective, in light of the above, it would be difficult to provide conclusive legal advice on options that could completely mitigate the litigation risk.
- Participation in overnight activities should be approved in writing by the parent and all adult participants, with an express statement that they understand the risk of infection from COVID-19 through their (or their child’s) participation in the activity, and that they completely and unconditionally release CAP and all of its personnel from any liability or claim in the event of infection.
- CDC guidance on COVID mitigations and response has evolved since the beginning of the pandemic. Accordingly, assessing immunization status may become necessary to implementing mitigations. (e.g., the need to quarantine, and the length of time in quarantine post-exposure all vary depending on immunization status and test results; the requirement to wear masks in Virginia is now dependent upon CDC recommendations, which varies based on indoor/outdoor activity and immunization status). Of course, NATCAP could choose to require a single uniform standard to participate in activities to address this issue.
- The Mayor of DC, as well as the Governors of MD and VA have all made public pronouncements that they intend to further reduce restrictions in mid-June as the community health situation improves. As this will change the public health and legal standards, recommend that the staff reconvene to review current practices and guidance with each jurisdiction’s change.

Items 3.2.3, 3.2.3.1, 3.2.3.2

- We will continue to use messaging from Phases I and II. (See Phase II guidance as Attachment 3, which will be modified as necessary to support Phase III.)

Items 3.2.4, 3.2.4.1, 3.2.4.2

- Units will be required to discuss all overnight cadet activity plans with Wing DCP and provide a safety plan to ensure adherence to the HSO’s recommendations.
- This will also include information for parents/guardians aimed at addressing any safety concerns.

Item 3.3

- See Item 3.1. The most restrictive guidance will apply to any CAP activity.



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Item 3.4

- Plan submitted on 13 May 2021.

Item 3.4.1

- Following the acceptance of our Phase II plan, the NATCAPWG Remobilization Team worked to get needed information out to unit commanders and wing staff so that Phase II operations could begin as planned on 8 July 2020.
- The team immediately turned to preparing this Phase III plan, coordinating with the wing leadership team, wing staff sections, and unit commanders to get needed information.
- The plan coordinator remained in touch with his counterparts in Maryland and Virginia Wings, to continue staying in step with their plans as much as possible.
- We continue to monitor conditions in MD, DC, and VA via the COVID Act Now web site and local health department information.
- Conditions on the ground prevented us from moving forward to Phase III, so we continued successful Phase II operations. On 27 April 2021, we were directed to update our Phase III plan.

Item 3.4.2

- See Item 3.1. The most restrictive guidance will apply to any CAP activity.

Item 3.4.3

- We intend to enter Phase III on 18 May 2021. This is the date suggested by NHQ/CV in his email dated 9 May 2021.

Item 3.4.4

- Once again, thank you for your prompt attention to our plan and all of the support you have provided during the process.

Item 3.5

- We will publish information via email within 24 hours of NHQ approval of this plan.

Items 3.6, 3.6.1, 3.6.2

- We are continuing with safety guidance provided in Phases I and II.
- Face coverings will continue to be used at CAP activities until further notice. (They are required indoors in most situations in MD, DC, and VA. We do not intend to ask people for their vaccination status, so we will operate as though no one is vaccinated until further notice.)
- Frequent hand washing and cleaning of all high-touch surfaces will continue.

Items 3.7, 3.7.1, 3.7.2, 3.7.3

- We are continuing with health guidance provided in Phases I and II.
- Health screenings, to include the use of no-touch thermometers prior to entry, will continue.
- The HSO will communicate with the membership, providing reminders of best practices for public health.
- We will continue to use relevant documentation from the Centers for Disease Control, including:
  - <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

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- <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html>

Items 3.8, 3.8.1, 3.8.2

- Close-distance events will be “as necessary,” determined by the unit CC or DCC. Cadets will NOT spend prolonged time in close contact without adhering to basic safety/HSO recommendations.
- Once the plan is approved, the DCP will provide a template (if requested) and work with unit DCC’s and commanders to ensure that sufficient information is provided to cadet parents and guardians regarding any and all safety measures.

Item 3.9

- DO is in constant communication with units and aircrew members through social media, email, server lists and monthly online meetings.

Item 3.9.1

- Multiple aircrew configurations will be with the comfort level of all crew members. Permitted Phase III flight activities shall include:
  - Single and dual-pilot proficiency flights
  - sUAS training and operations
  - Flight evaluations (Form 5/91)
  - 3-person aircrew training under direction of planned SAREX and appropriate AFAM proficiency flights
  - Dual instruction

Item 3.9.2

- Pilots who are comfortable with the cadet orientation flight process will participate. Most COF-qualified pilots are over 60 years of age and that places them in a higher risk group.
- Aircrew members will:
  - Wear PPE.
  - Clean the interior/exterior as prescribed by wing guidelines. (While this is beneficial, it is not better than hand washing and avoiding touching your face, nose, and hands.
  - If feeling ill, will not endanger other members and stay home.
  - Temperatures will be taken during operations using a non-contact infrared thermometer. (Note that you can have COVID-19 and not have a fever, and that you can have COVID-19 and be asymptomatic.

COVID-19 Remobilization of the Membership Plan – Phase III  
Attachment 2 – Safety Information

The following safety guidance was sent at the beginning of Phase II operations. We will continue to use this guidance for Phase III and will modify as needs dictate.

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As we enter Phase II operations, it is important to remember that we have units in three jurisdictions, as well as facility owners with different requirements for starting operations. Each unit must coordinate with its meeting place owner to verify the use of the facility.

As you plan for in-person gatherings, please consider the information on Risk Management and COVID-19 that is available on the NHQ website here: <https://www.gocivilairpatrol.com/members/cap-national-hq/safety/covidrm>.

Included on that page are links to CAPF 160 and 160S. These forms are essential to your planning and each unit is expected to complete them for Phase II activities.

Speaking of risk, no matter what we do, the risk of exposure to the novel coronavirus remains, and by attending any meetings or activities at this time, you assume that risk. Nevertheless, there are several steps we will take to reduce that risk, including:

- **Mandatory** wear of face masks at any in-person indoor gathering. We expect members to bring their own masks, and to make them of a conservative nature when wearing CAP uniforms. Units should have a supply of disposable masks to make available to members who are unable to bring their own.
- All door handles and latches will be sanitized.
- All high-use/high-touch items will be cleaned before and after use.
- Food and drink **will not** be shared as it allows for the possibility of cross-contamination.
- The driver of any CAP vehicle is responsible for the sanitizing/cleaning of the vehicle before and after use.

Some additional guidelines for the use of CAP vehicles:

- All high touch surfaces and any commonly used equipment in the vehicle **WILL** be sanitized before and after operation. When switching drivers, the door handles and operator's controls will be cleaned. The following surfaces are examples of high touch/use areas:
  - Steering wheel and operator's controls
  - All radio controls and the microphone
  - Seat buckle ends
  - All door handles including the rear door
  - Seat adjustment controls
  - Ignition key and pad/keychain
  - Hood release latch handle
  - A simple wipe down is sufficient, especially if the vehicle has not been driven for over 24 hours.
- All surfaces will be wiped down with 60% alcohol-based cleaning solution and allowed to air dry. Door handles, window controls, and seat belt will be cleaned before the first use, and the ones used during operation after each use.

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- The driver and passengers will wear facial coverings. The use of gloves is encouraged. Handwashing is required immediately after removing gloves, after which new gloves will be required.
  - Even when driving alone, the use of a mask is still mandatory. The primary purpose of the mask is to limit exposure to others. It is possible to spread the virus even when asymptomatic. Mask wear will reduce this risk.
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**Note:** We contacted NHQ to ask for guidance about continued limitations of one person per row in a CAP van or other COV. We received the following direction, which we will follow in Phase III unless directed otherwise.

- For any isolated travel in CAP vehicles for same day activities, the current transportation guidelines should be continued. This may be adjusted for transportation of passengers when all have been vaccinated.
- For multi-day activities, including Encampment, the focus needs to be on cohorting to limit the range of potential exposure, if an infectious source inadvertently is present. Cohorts are defined as groups of 20 or fewer who live and train together, isolated from other cohorts, throughout the duration of the activity.
- For transportation to, from and during the activity, the best risk reduction strategy would be transportation in the individual's personal or family vehicle. Where corporate vehicles are being utilized, it is strongly recommended that only members of the same cohort occupy the vehicle at any time, whether that is transportation to, from or during the activity. This would include the driver assigned to the cohort, who needs to be considered a part of that and only that cohort.
- If a vehicle needs to be used for different cohorts, the vehicle should be sanitized thoroughly. Only the driver assigned to the cohort should drive the vehicle when a given cohort is present.
- The CDC has indicated that the exposure risk from an infected source increases significantly after 15 minutes. Therefore, it would seem that for a cohort who will live and train together during the activity, the exposure within the vehicle will not significantly increase the overall exposure experienced. So, if the cohort is truly isolated, increasing the number of passengers towards the vehicle maximum would be reasonable. Masking should still be encouraged along with vehicle ventilation.
- These guidelines should be followed by both vaccinated and not-vaccinated participants. While vaccination does decrease the risk of becoming infected, it does not eliminate that risk. With the new variants emerging, and increasing numbers of vaccinated individuals becoming infected (usually asymptotically and mildly, but still contagious), it remains important to apply these guidelines to ALL participants.
- Finally, if any member of the cohort does develop symptoms, the entire cohort should be isolated and either tested or removed from the activity as a unit.

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Attachment 3 – Health Services Information

The following health guidance was sent at the beginning of Phase II operations. We will modify this for Phase III use, following CDC and local health guidelines, as needs dictate.

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As we move into Phase II operations for the National Capital Wing, please keep in mind the following health procedures and recommendations.

- It is critical that we do all we can to reduce the risk of exposure to COVID-19.
- All members will be expected to check their temperature at home before coming to an activity and remain at home if they have a fever of 100.4 degrees F or above.
- All units will acquire a non-contact infrared thermometer (NCIT) and will also check temperatures at meeting locations. Those with a fever will be sent away. Units may not conduct in-person activities without this temperature check.
- There are many different models of NCIT available which generally run between \$50-70 in cost. While we are not making a recommendation for a specific model, there is some information on how NCITs work provided by the FDA at <https://www.fda.gov/medical-devices/general-hospital-devices-and-supplies/non-contact-infrared-thermometers>.
- Furthermore, there is a suggested temperature check procedure provided by CAP NHQ at [https://www.gocivilairpatrol.com/media/cms/CAP\\_COVID\\_19\\_Temperature\\_Screening\\_29C5E049DA530.pdf](https://www.gocivilairpatrol.com/media/cms/CAP_COVID_19_Temperature_Screening_29C5E049DA530.pdf).
- In addition to the temperature check, a series of screening questions (below) will be asked before admittance to a meeting. Please review these and do not come to the meeting if any can be answered affirmatively. While we do not wish to send anyone away, we have an obligation to mitigate the risk to our fellow CAP members and to their families. If a minor is turned away, the parents or guardians will be advised of the reason.
  - Do you have any symptoms from this list? <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
  - If you have had symptoms and have not had a test, you should stay home until you have had no fever for 3 days, your symptoms are improving, and it has been at least 10 days since symptom onset.
  - If you had a positive test but no symptoms, you should stay home for a minimum of 10 days. If you develop symptoms after the positive test, follow the guidance in the above bullet.
  - Note: Following the above bullets will reduce the chance of transmission, but a few individuals could still be infectious. The guidelines are a compromise between protecting the public and overly draconian restrictions. Err on the side of caution as much as you can.
  - Also note that this is not a recommendation to get tested. While improving, the accuracy remains less than adequate.
  - Have you traveled outside the United States in the last 14 days?
  - Have you been exposed to someone who has or is suspected to have COVID-19? (You should self-isolate immediately for 14 days unless you have been vaccinated.)
- Once admitted to a meeting, members will be expected not to yell or sing, or perform any indoor exercise.
- Six-foot separation must be maintained at all times and mask wear is mandatory indoors. The six-foot separation is not magical. When active, you may need to be 12 feet apart. Please remember that the

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Attachment 3 – Health Services Information

benefit of the mask is primarily to reduce transmission. It must cover the mouth and nose to be effective. There are some masks out there which have exhaust valves that make it easier to breathe out; they do so by bypassing the filtration from the mask, effectively minimizing the benefit provided to others. These are not acceptable for CAP activities. The following video demonstrates the benefit from even a simple mask. See <https://www.nist.gov/video/cover-smart-do-your-part-slow-spread>.

- Frequent hand washing is required, including immediately upon arrival at the unit or activity location and immediately after handling any equipment or devices. Use hand sanitizer if soap and water is not available. Avoid touching your eyes, mouth, or nose.
- Do not share water bottles or drink from a water fountain. However, you can fill a water bottle from the drinking fountain.

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Attachment 4 – DRAFT Commander’s Message

The following draft announcement will be finalized and sent by the wing commander announcing NATCAPWG’s entry into Phase III operations.

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Members of the National Capital Wing -

We are continuing our recovery and remobilization process. You have been very patient and vigilant during our Phase II operations. As you know, we have been in Phase II for the past two weeks and have slowly begun additional activities. On Tuesday, 18 May 2021, we will enter Phase III of our remobilization.

What does this mean? Basically, all regular CAP activities are authorized, including cadet orientation flights and overnight events. However, I remind you that things are still not "normal" and will not be so for some time. It remains our responsibility to reduce the risk of COVID-19 transmission for ourselves, our families, and our communities. Here is a summary of what you can expect in Phase III.

- At this time, face coverings are required at all in-person, indoor NATCAP events.
- Frequent handwashing and cleaning of high-touch surfaces before and after use remain mandatory.
- Sanitizing of CAP vehicles and aircraft before and after use remain mandatory.
- Regular in-person squadron meetings may continue. Some of our units still cannot meet at their regular locations, so alternate locations may be used (with proper operational risk management). Outdoor meetings are encouraged, weather permitting. Social distancing should be observed wherever possible.
- Jurisdictions in our area of operations have different restrictions on gathering size. Attendance at any NATCAP event will be limited based on its location.
- Members who identify as high-risk or who have high-risk family members are strongly encouraged to continue to avoid in-person meetings.
- Health screenings will continue at all NATCAP in-person activities. Attendees with a fever of 100.4 degrees F or higher will not be allowed to participate and will be sent away. **If you are sick, STAY HOME.**
- Virtual squadron and wing-level activities will continue to be an integral part of our programs. Please plan on participating in the NATCAP Wing and CAP National Conferences, which will both be conducted online in August.
- Although overnight activities are authorized, none are planned in NATCAP at this time.
- Cadet orientation flights are authorized. All involved (pilot, cadets, and parents/guardians) must be comfortable in order to fly.
- All regular flight operations are permitted. A SAREX is planned in August but will be modified to reduce density and allow for social distancing.
- We will continue to monitor the health situation closely. Should it become necessary, we will restrict operations for the safety of our members. Any such restrictions will be communicated promptly.
- Vaccines are not mandated, but are highly encouraged. All approved for use in the United States are safe for use and all are much safer than contracting COVID-19.

Please take care of yourselves, your families, and your communities by continuing to follow CDC, state, and local health guidance. Wear masks indoors in public, keep your social distance, and wash your hands frequently. Monitor your email for any status changes.

COVID-19 Remobilization of the Membership Plan – Phase III  
Attachment 4 – DRAFT Commander’s Message

Thank you for your continuing support of NATCAP and Civil Air Patrol. Please review our Phase III plan at (insert link when available) and direct any questions to Maj Newman, our wing remobilization team lead, at [newman.a@natcapwg.cap.gov](mailto:newman.a@natcapwg.cap.gov).