



NATIONAL HEADQUARTERS
CIVIL AIR PATROL
UNITED STATES AIR FORCE AUXILIARY
105 South Hansell Street
MAXWELL AIR FORCE BASE, ALABAMA 36112-5937

1 July 2016

MEMORANDUM FOR ALL CAP UNIT COMMANDERS

FROM: CAP/CC

SUBJECT: Interim Change Letter – CAPR 52-16, *Cadet Program Management*

1. The Cadet Fitness Program is currently [undergoing revision](#) to modernize and align with the latest, evidence-based practices in youth fitness. NHQ has authorized a limited beta test of the new fitness program, modifying cadet promotion requirements in CAPR 52-16, 5-7. Units who volunteered to participate in the Active Cadet Fitness Program beta test, and registered with NHQ, are authorized to conduct the fitness program as outlined in the December 2015 draft CAPP 52-18, *Cadet Physical Fitness Program*. Cadets in participating units who meet the beta test performance standards will be considered to meet the promotion requirements in CAPR 52-16 and may continue their cadet advancement.

2. For units registered to participate in the fitness beta test only, CAPR 52-16 is changed as follows:

Section 5-7. **Physical Fitness.** Units registered to participate in the fitness beta test will operate their fitness program under the guidance of the draft CAPP 52-18, *Cadet Physical Fitness Program*, with the exception of Spaatz Award testing.

3. The intent of this change is to allow for a full test of the proposed fitness program to identify best practices and solve problems before the nationwide rollout. If you have any comments or concerns, contact the National Cadet Team, cadets@capnhq.gov.

4. There is no expiration date on this change letter. It is a stopgap that is needed until CAPR 52-16 can be fully revised as part of the CAP-wide publication reengineering project. Units participating in the beta test will continue in the Active Cadet Fitness Program. They will not be required to switch back and forth between programs due to the anticipated regulatory update.

A handwritten signature in black ink, appearing to read "Joseph R. Vazquez".

MAJ GEN JOSEPH R. VAZQUEZ, CAP
CAP National Commander