



Spatz Exam Results Sheet

Candidate's Name: _____ CAPID #: _____

Charter # _____ Date: _____

Gender: Male Female DoB: _____ Age: _____

Spatz Attempt: # One # Two # Three

FITNESS TEST: *Time Limit about 1 Hour (CAPP 18 Change 1 - 1 October 2006)*

Sit & Reach: cm. Req'd = _____ Achieved = _____ Fail Pass

Curl Ups: # Req'd = _____ Achieved = _____ Fail Pass

Push Ups: # Req'd = _____ Achieved = _____ Fail Pass

Candidate may elect either of the following, or after failing one, may then attempt the second.

Mile: Time Req'd = _____ Achieved = _____ Fail Pass

Shuttle: Time Req'd = _____ Achieved = _____ Fail Pass

OVERALL FITNESS RESULT: Fail Pass

ESSAY Start Time: _____ -20'call _____ -5'call _____ End _____

AEROSPACE Start: _____ -20'call _____ -5'call _____ End _____ Score _____ %

LEADERSHIP Start: _____ -20'call _____ -5'call _____ End _____ Score _____ %

Examiner's Comments: _____

Exam Administered By: _____
PRINT NAME & GRADE SIGNATURE