
The Dispatch is for informational purposes. Unit Safety Officers are encouraged to use the articles in The Dispatch as topics for their monthly safety briefings and discussions. Members may go [eServices - Learning Management System](#), click on "Go to AXIS," search for this month's The Dispatch, take the quiz, and receive safety education credit.

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The New CAP Triblade: A Partnership Among Safety, Health Services, and the Chaplaincy

By 1st Lt Heather Parth, CAP, FL Wing Health Services Officer

While the CAP logo has been modernized to the "Flying V", there's a new embodiment of the historic triblade: the partnership among **Safety, Health Services** and the **Chaplaincy**.

Last summer, discipline representatives joined an interactive panel at the first national Health Services Symposium. Throughout the discussion each panelist spoke to the overlapping "human services" nature of their respective areas.

"Our partnership with Health Services is important because member wellbeing is paramount to safe participation in CAP missions and activities," stated **National Chief of Safety, Mr. Michael Nunemaker**. He explained, "The dedicated members in Health Services understand that importance and bring a critical dimension of expertise to the safety risk management process and to supporting members committed to safe, successful outcomes in CAP activities and missions."

National Health Program Manager Lt Col Stephen Leighton emphasized, "Health Services, Safety and the Chaplaincy are so clearly a natural fit and address the whole person of our CAP membership. With the strong Safety Culture that has been developed over decades, Health Services is poised to add its subject matter expertise in the areas of physical health, bodily injury and illness. Together, this fully addresses many aspects of physical wellbeing for our membership. By adding in the Chaplaincy, we are able to include the psychological and

spiritual aspects of wellness and the means to support and assist CAP members with the many challenges that arise during life, both within CAP and in their daily lives. For the first time in the history of CAP, the total wellbeing of CAP members is being fully addressed through the collaborative and cooperative relationships that have been forming between these three human-service focused aspects of the Civil Air Patrol.”



“We have found over time, missions, encampments etc. that the collaboration of the Health Service Officers, Safety and Chaplain Corps covers the wholeness of the members' needs while involved in CAP. The resiliency required to participate in often stressful situations (in and out of CAP), is strengthened when HSO can take care of the health needs. Safety sees to the risk management and protection needs and the Chaplain Corps works on the emotional, comfort and spiritual needs,” **National Chief of Chaplains Ch Linda Pugsley** added. “It is such a win-win as we share information and training tips to be used for the best results for all members in all areas of CAP,” she underscored.

Look for monthly Dispatch articles highlighting this ongoing collaboration.

Just like the triblade prop, Safety, Health Services, and the Chaplaincy are three components that work best together.

Are Good Leaders Expendable?

By Capt. Cole Ettingoff, CAP, VA Wing Staff

Expendable? Sounds like we jumped into the middle of a spy movie. Maybe that's not the right word, because of course we know that none of our members are "expendable." But should we be?

From COVID to the flu to RSV and more, we're all a little tired (or more than a little tired) of hearing about guidance for infectious diseases. The good news is the basic principle behind all of it is very simple: if you're sick, stay home. But for many leaders, staying home isn't easy. It's not in your nature to not show up, and often, the mission or the activity depends on you.

Are you the only member with a key to the squadron meeting place? Are you the only skills evaluator coming to the next exercise? Are you the only check pilot available in your area? If so, you're not expendable and you might be positioning yourself and your team for failure.

Perhaps it would be better to frame this promotion continuity of operations. If you get sick or hurt, who is available to ensure the mission continues? This means thinking ahead, asking for help from other members or other units, and maybe adjusting plans or adding additional training. This also means that if you wake up Saturday morning not feeling well, you can make the decision not to participate based on your health, with less external pressure to ensure the job gets done.

Situations change. Resources are limited. Redundancy will not always be possible and that's okay (semper gumbly after all) but as leaders, we can strive to build the capacity to cover down, ensure continuity of operations, and maybe even make ourselves expendable.

Risk Mitigation with ForeFlight

Lt Col Don Jones, CAP, Commander, TX Wing Group V

In every flight we should identify the risks and then try to mitigate where feasible. How can ForeFlight help with risk mitigation? Here are three common risks and the ForeFlight features that can help us mitigate them.

Risk #1 – Runway incursions

Risk #2 – Engine out

Risk #3 – Terrain and obstacles when flying low altitude.

Please take a look at the entire article here: [Risk Mitigation with ForeFlight \(gocivilairpatrol.com\)](https://www.gocivilairpatrol.com/articles/risk-mitigation-with-foreflight)

Five Reasons to be Safe, Today!

By Lt Col Michael Bryant, CAP, KY Wing Director of Education and Training

Why do we choose to do one thing and not another? There are many different reasons and paths we follow. However, safety should follow a set path so we each can see the process taken. As independent thinkers, we like to move at our own pace. Even so, making safe choices should be a baseline. We all are different in the way we think, but there are many common reasons why we should choose to be safe. No matter what your motivator may be, keep these five reasons in mind as to why we should all strive to be safe.

Five Reasons to Work Safe

1. **Your health.** Obviously, your health and well-being should be the biggest motivator as to why you should choose to be safe. Once we lose our health or impact it severely, it may never be the same. It is important to really think about how a severe injury or long-term disease would change the rest of your life.
2. **Your family.** Your family depends on your ability to earn an income and your daily presents. When you are injured or ill you can lose that ability very quickly. Even if it is only for a short time, the financial and emotional effects on your family can be drastic.
3. **Your reputation.** While productive members are rewarded at many companies, being safe is often recognized right along with production. Your reputation not only affects you in your current position, but it also can affect whether or not you land opportunities at Civil Air Patrol. No one wants to reward a risk-taker or put them in a position of power. If it is known that you cut corners or do not practice safety, it could impact whether or not you get the chance at a new opportunity.
4. **Your co-Airmen.** Making the choice to take a shortcut cannot only harm yourself, but you can also harm a fellow Airman. Everyone's safety depends, not only on their choices but, on the choices of all the Airmen there.
5. **Your Civil Air Patrol.** We all have agreed to follow the Core Values. Being safe allows Civil Air Patrol to continue, thus providing the opportunity for you to continue to serve your Nation as well as your fellow Airmen.

Summary



Think about how the choices you make not only affect you, but also how they affect your family, your co-Airmen, and the Civil Air Patrol as a whole. Reminding yourself of the far-reaching consequences an incident can have on many different people can reinforce making the right decision when being safe. Keep these five reasons to be safe in mind the next time you see an Airman taking risks. Remember, we are ALL Safety Officers. When one person chooses to take risks, everyone is at risk of suffering the consequences.

Message from Michael Nunemaker, CAP Chief of Safety

Safety Leaders,

We are looking into taking steps to improve on existing safety reports and to add new ones that would support decision-making. To help with this effort, we are asking for your help. Taking a few minutes to provide us some information using this short [Safety Reports form](#) will get us started.

We thank you in advance for your time and your leadership in helping CAP improve its safety system.

New Members of the National Safety Team

Welcome to the National Safety Team!

This month, we welcome the following new members of the National Safety Team:

Lt Col James Shaw Jr. from GA-002 – He will support our education and training efforts.

2d Lt Steven Wojcikiewicz from WA-015 – He will support our communications and publications efforts.

Additional Resources for Safety Officers

We have added new reference materials to the [Safety Document Master List](#) and the [Safety Officer Specialty Track](#) webpages.

Direct Links: · Squadron / Flight Safety Officer - [PDF](#) or [PowerPoint](#)

· [Region Safety Officer](#) · [Wing Safety Officer](#)

These documents provide a more detailed account of what the job duty entails.

Thanks to the **Curriculum Team** for putting this together!

· **Maj Douglas Mitchell** - MN-028 · **Lt Col Peter Bohler Sr** - NC-048

· **1st Lt Jennifer Kluzak** - MN-136 · **2d Lt Amber Chavie** - MN-136

· **Capt Christopher Freeze** - VA-117