Post-COVID-19 Membership Remobilization Plan
Phase I: Resuming Regularly Scheduled Meetings

UTWG
Completed 22 June 2020

Plan Updated 31 May 2020
This plan has been developed for the UTAH Wing, using the template provided by the Civil Air Patrol National Headquarters to enter Phase I, Resuming Regularly Scheduled Meetings.

Additional staffing and resources have been coordinated with Rocky Mountain Region, to cover gaps in this wing’s available resources.

**NOTE:** Deviations from the template are authorized, but should be coordinated by contacting the COVID-19 Planning Team at COVID-19Plans@capnhq.gov.

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  - Utah Wing
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  - Primary Email: jstewart@cap.gov

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  - Utah Wing
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  - Primary Email: stephen.holmes008@gmail.com

**Narrative Summary of Coordination and Events To-Date in UTAH Wing:**

On 14 May 2020, the Utah Wing Commander appointed a planning committee tasked with the following responsibilities:

1. Receive instruction from NHQ on 14 May 2020, with reference to the safe remobilization of the CAP membership.
2. Develop the Utah Wing remobilization plan, in accordance with the NHQ guidelines, for Wing Commander review and approval.
3. Lay out a roadmap with a phased-approach, based on health metrics, that each squadron can follow to promote a healthy and safe environment for conducting squadron activities.
4. Provide squadrons with capability and best available guidance for conducting basic health screenings, and instructing members about self-awareness of their health status. Members are guided to adhere to health safety procedures which ensure an optimal health environment.
## Phase I: Resuming Regularly Scheduled Meetings

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| 1.1   | Verify state government guidance currently allows or will allow gatherings on the date proposed for resuming meetings (Review of overall directives in impacted state) | Lt Col Stewart         |             |           |                | Proposed resume mtg/training 1 July 2020 at earliest. Date may change if projections change. As of 31 May 2020, State government guidance currently allows gatherings for that date. Hyperlink: https://coronavirus.utah.gov/  
• All businesses open and take reasonable precautions.  
• Dine-in service open with appropriate social distancing and hygiene measures.  
• Encourage - flexible work arrangements, follow hygiene guidelines, and continue social distancing in the workplace. |
| 1.2   | Hold meeting with between Plan Coordinator and Health Services Officer | Lt Col Stewart         |             |           |                | Confirm health/safety environment assumptions.                                                                                          |
| 1.2.1 | Wing priorities for training events should be coordinated            | Lt Col Stewart         |             |           |                | Attachment 1 - DO Memorandum - Training Priorities                                                                                      |
| 1.2.1.1| Check state and local health guidance regarding gatherings (Review of each jurisdiction impacted by this plan) | Lt Col Stewart         |             |           |                | State and local health guidance for jurisdictions where units reside agree: see 1.1.*                                                  |
| 1.2.1.2| Prepare information for subordinate units on temperature screening, health education, and sanitation | Lt Col Stewart         |             |           |                | See CDC documents- Attachment 2 - Covid-19 Symptoms, Sanitation, and Other Information                                                   |
| 1.2.2 | Consult with Wing Legal Officer about resuming meetings              | Capt Macias            |             |           |                |                                                                                                                                         |
| 1.2.3 | Coordinate with Wing Director of Safety                              | Maj Todd               |             |           |                |                                                                                                                                         |
| 1.2.3.1| Verify proper risk planning tools are available to units             | Maj Todd               |             |           |                |                                                                                                                                         |
| 1.2.3.2| Prepare to communicate with subordinate units on Safety-related matters (see 1.7. below) | Maj Todd               |             |           |                |                                                                                                                                         |
| 1.2.4 | Coordinate with Wing Director of Cadet Programs                       | Lt Col Carlisi         |             |           |                |                                                                                                                                         |
## Phase I: Resuming Regularly Scheduled Meetings (Continued)

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<tbody>
<tr>
<td>1.2.4.1</td>
<td>Prepare recommendations for units regarding meeting activities and alternatives to maintain optimal distance while at meetings</td>
<td>Maj Todd and Lt Col Stewart</td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>1.2.4.2</td>
<td>Prepare bullets for units to incorporate when sending messages to parents about the resumption of meetings</td>
<td>Maj Collett</td>
<td></td>
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</tr>
<tr>
<td>1.3</td>
<td>Have subordinate unit commanders verify that local governments do not have more restrictive social-distancing guidelines than those at the state level</td>
<td>Unit CCs</td>
<td></td>
<td></td>
<td></td>
<td>No local government entity has more restrictive social distancing guidelines than those at state level. City/County health departments determine local government health department restrictions in UT. *</td>
</tr>
<tr>
<td>1.4</td>
<td>Send copy of planning documents to the CAP COVID-19 Planning Team at <a href="mailto:COVID-19Plans@capnhq.gov">COVID-19Plans@capnhq.gov</a>, and copy the Region CC to reinstate meetings.</td>
<td>Lt Col Stewart</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.4.1</td>
<td>Briefly describe / summarize previous coordination accomplished</td>
<td>Lt Col Stewart</td>
<td></td>
<td></td>
<td></td>
<td>This is the first coordination for phase 1 reopening, no previous coordination accomplished</td>
</tr>
<tr>
<td>1.4.2</td>
<td>Verify no jurisdictional restrictions are in place from State or Local Governments</td>
<td>Lt Col Stewart</td>
<td></td>
<td></td>
<td></td>
<td>Confusing item as items above already stated above that State and jurisdictional/local government restriction guidance exists. County health depts determine restrictions for cities/towns/citizens in that county that agrees with State guidance.. See hyperlink for 1.1*</td>
</tr>
<tr>
<td>1.4.3</td>
<td>Set date to resume meetings; this is also the start of Phase II.</td>
<td>Lt Col Stewart</td>
<td></td>
<td></td>
<td></td>
<td>Phase 2 start and reinstate meetings date on 1 July 2020 dependent on State regulations</td>
</tr>
<tr>
<td>1.5</td>
<td>Receive approval from the CAP COVID-19 Planning Team to reinstate meetings. Plan for one-week lead time.</td>
<td>Lt Col Stewart</td>
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</tr>
<tr>
<td>1.6</td>
<td>Publish the date that meetings may resume to subordinate units</td>
<td>Lt Col Stewart and Maj Collett</td>
<td></td>
<td></td>
<td></td>
<td>Will do after Phase one approval given to Wing by COVID response team</td>
</tr>
<tr>
<td>1.7</td>
<td>Task Wing Director of Safety to communicate the following to subordinate units</td>
<td>Maj Collett</td>
<td></td>
<td></td>
<td></td>
<td>Attachment 3 - UT Wing Safety Notice for All Safety Officers</td>
</tr>
<tr>
<td>1.7.1</td>
<td>Units will review CAPFs 160, 160S, and 160HL to be sure COVID-19 risks are considered and mitigated</td>
<td>Unit CCs</td>
<td></td>
<td></td>
<td></td>
<td>Wing Safety officer to send the necessary information to squadron commanders and safety officers.</td>
</tr>
</tbody>
</table>

*Hyperlink [COVID-19Plans@capnhq.gov](https://COVID-19Plans@capnhq.gov)
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<tr>
<td>1.7.2</td>
<td>Unit Safety Officers will emphasize continued use of face coverings, gloves, and hand sanitizer, as well as social distancing, hand washing and surface cleaning/disinfection</td>
<td>Maj Collett and Unit safety Officers</td>
<td></td>
<td></td>
<td></td>
<td>Wing Safety Officer to send the necessary information to squadron commanders and safety officers.</td>
</tr>
<tr>
<td>1.8</td>
<td>Task Wing Health Service Officer to communicate the following to subordinate units:</td>
<td>Lt Col Stewart</td>
<td></td>
<td></td>
<td></td>
<td>Wing HSO to send information (see Attachment 4 - Phased Health Guidelines)</td>
</tr>
<tr>
<td>1.8.1</td>
<td>Units will ensure no members or guests with a temperature of 100.4 or greater are admitted (a temperature at or above 100.4°F is the CDC recognized point where there is a fever). Units will require members to take their temperature at home or may screen with no-touch thermometers prior to entry.</td>
<td>Unit CCs</td>
<td></td>
<td></td>
<td></td>
<td>Use documentation provided by COVID planning team. Send information to squadrons.</td>
</tr>
<tr>
<td>1.8.2</td>
<td>Educate members on their stratified level of risk (i.e., Low-risk vs. High-risk)</td>
<td>Maj Todd</td>
<td></td>
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<td></td>
<td>Send information to squadrons.</td>
</tr>
<tr>
<td>1.8.3</td>
<td>Units perform all appropriate public health measures (e.g., social distancing, surface cleaning/disinfection, face coverings, hand sanitizer, at-home temperature check or no-touch temperature check prior to entry and routine symptom checks)</td>
<td>Unit CCs</td>
<td></td>
<td></td>
<td></td>
<td>Send information to squadrons.</td>
</tr>
<tr>
<td>1.8.4</td>
<td>Units will ensure no more than 10 members are together at gatherings. Squadrons with more than 10 members must submit a plan on how they will comply with restrictions</td>
<td>Unit CCs</td>
<td></td>
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</tr>
<tr>
<td>1.9</td>
<td>Task Wing Director of Cadet Programs to communicate the following to subordinate units:</td>
<td>Lt Col Carlisi</td>
<td></td>
<td></td>
<td></td>
<td>See Attachment 5 - UT Wing Cadet Programs Email and its attachment, called “Cadet Programs Health and Safety Plan Template for UT Units”</td>
</tr>
<tr>
<td>1.9.1</td>
<td>Units identify ways to meaningfully engage and fully participate in meetings without formations, drill, or other close-distance activities</td>
<td>Unit CCs</td>
<td></td>
<td></td>
<td></td>
<td>Cadet programs officer recommends unit planning meetings with executive staff at this time.</td>
</tr>
<tr>
<td>1.9.2</td>
<td>Units draft a local message to parents to inform them about what CAP is doing to keep Cadets safe while they participate</td>
<td>Lt Col Carlisi</td>
<td></td>
<td></td>
<td></td>
<td>Attachment 6 - Sample UTWG Unit Commander letter to unit families.</td>
</tr>
</tbody>
</table>
MEMORANDUM FOR UTWG/CC
FROM: UTWG/DO
SUBJECT: UTWG COVID-19 Phase 1 Remobilization Plan – Training Priorities

1. Continue with AFAM/Corporate missions for COVID-19 support - maintain CDC safety guidelines.

2. Regular Unit Meetings – Conduct virtual; or if not practical, meet outside as much as possible, maximum groups of 10 in a local vicinity, maintain CDC guidelines on social distancing and cloth face coverings:
   a. Safety
   b. Character Development
   c. Aerospace Education
   d. Leadership
   e. Physical Training

3. Professional Development – strong emphasis on virtual activities; but if any meeting authorized, must maintain CDC guidelines on social distancing and cloth face coverings:
   a. SLS/CLC/TLC – would be virtual activities.
   b. Specialty Tracks - all high-contact surfaces wiped with sanitizing cloths as often as deemed practical based on length/intensity of training. Prefer virtual activity whenever practical.
   c. Wing Conference (if held during Phase 1) – would be a virtual activity.

4. Encampment – would be high-risk, and will not be conducted during Phase 1.

5. Emergency Services training (specific breakout below) - maintain CDC guidelines on social distancing and cloth face coverings:
   b. Aircrew — same requirements as for Pilot Proficiency Sorties.
   c. Mission Base Staff meetings conducted virtually.

6. Pilot Proficiency Sorties
   a. MP and TMP PCT Profiles may be flown.
   b. MP Trainee PCT Profiles may be flown.
   c. Cadet PCT Profile #14 may be flown with cadet flying solo.
   d. Aircrew Health Limitations apply to all aircrew members.
   e. Aircraft Operations Limitations apply.

7. Cadet Orientation Sorties – Cadet Orientation Sorties are not allowed during Phase 1.
8. Cadet Flight Training
   a. Cadet Student Pilot and CAP Instructor only on sortie.
   b. Cadet Student Pilot and FAA DPE only on FAA Private Pilot examination.
   c. Aircrew Health Limitations apply to instructor and student.
   d. Aircraft Operations Limitations apply.

9. Check Rides
   a. CAP CAPF 5 and CAPF 91 check rides may be conducted.
   b. Aircrew Health Limitations apply to pilot and check pilot.
   c. Aircraft Operations Limitations apply.

10. Aircrew Health Limitations
    a. Any aircrew member on a non-solo sortie must comply with health restrictions of this section.
    b. Health Services requirements for pilots who choose to fly in Phase One. Any pilots having significant medical co-morbidities that adversely affect risk associated with COVID-19 will not be routinely considered for crewed flight operations.
    c. Pilots must possess at least a Class 3 FAA Medical Certificate without Special Issuance.
    d. Any pilot flying under the provisions of Basic Med who desire to participate in crewed flight operations shall either:
    e. Obtain at least a Class 3 FAA Medical Certificate without Special Issuance, or
    f. Apply, in writing, for an exception to policy to the Wing Commander to be allowed to fly under Basic Med provisions.
    g. Exception to policy process
    h. Pilots requesting an exception to policy shall do so in writing, and shall submit the following items to the Wing Commander as supporting documents:
    i. Copies of all Special Issuance authorization letters provided to the applicant by the FAA
    j. A recent (within 60 days of application) letter of clinical evaluation signed by his/her primary care provider that addresses the health status of the applicant including a specific discussion regarding diabetes, morbid obesity, cardiac conditions, pulmonary conditions, hypertension, chronic kidney disease, or other health conditions that may affect the wing commanders decision.
    k. The Wing Commander shall, with advice from the Wing Director of Operations and Wing Director of Health Services, render a decision within 15 days of receipt of the application.
    l. Pilots otherwise in high risk categories- particularly dealing with age as an isolated factor- will be considered through the exception to policy process.
    m. Non-pilot aircrew members who desire to participate in crewed flight operations during Phase One shall submit a request in writing to the Wing Director of Operations. The application must include a letter from the aircrew members primary physician addressing the individuals health status with particular attention to identified co-morbidities associated with increased risk of COVID-19 morbidity and mortality. The request shall be reviewed, using advice from UTWG/HS, and on a case-by-case basis and a decision will be rendered within 15 days.
11. Aircraft Operations Limitations
   a. Cloth face coverings worn in aircraft except when it interferes with pilot radio communications.
   b. Aircraft controls, door handles, and CAP owned headsets sanitized before and after use on each sortie.
   c. CDC social distancing maintained during preflight, briefings, or other personnel interactions outside aircraft.

12. Ground Vehicle Operations Limitations
   a. Cloth face coverings worn in vehicle.
   b. Vehicle controls, door handles, and radios sanitized before and after sortie.
   c. CDC social distancing maintained during briefings, or other personnel interactions outside vehicle.

//SIGNED//

LANCE F HELSTEN, Maj, CAP
Director of Operations, Utah Wing
If you have COVID-19, you may have mild (or no symptoms) to severe illness. Symptoms can appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical attention immediately if you or someone you love has emergency warning signs, including:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or not able to be woken
- Bluish lips or face

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.
Stay home when you are sick, except to get medical care.

Wash your hands often with soap and water for at least 20 seconds.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

Avoid touching your eyes, nose, and mouth.

When in public, wear a cloth face covering over your nose and mouth.

Stay home when you are sick, except to get medical care.

Wash your hands often with soap and water for at least 20 seconds.

Help prevent the spread of respiratory diseases like COVID-19.

[cdc.gov/coronavirus]
Important Information About Your Cloth Face Coverings

As COVID-19 continues to spread within the United States, CDC has recommended additional measures to prevent the spread of SARS-CoV-2, the virus that causes COVID-19. In the context of community transmission, CDC recommends that you:

Stay at home as much as possible

Practice social distancing (remaining at least 6 feet away from others)

Clean your hands often

In addition, CDC also recommends that everyone wear cloth face coverings when leaving their homes, regardless of whether they have fever or symptoms of COVID-19. This is because of evidence that people with COVID-19 can spread the disease, even when they don’t have any symptoms. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

How cloth face coverings work

Cloth face coverings prevent the person wearing the mask from spreading respiratory droplets when talking, sneezing, or coughing. If everyone wears a cloth face covering when out in public, such as going to the grocery store, the risk of exposure to SARS-CoV-2 can be reduced for the community. Since people can spread the virus before symptoms start, or even if people never have symptoms, wearing a cloth face covering can protect others around you. Face coverings worn by others protect you from getting the virus from people carrying the virus.

How cloth face coverings are different from other types of masks

Cloth face coverings are NOT the same as the medical facemasks, surgical masks, or respirators (such as N95 respirators) worn by healthcare personnel, first responders, and workers in other industries. These masks and respirators are personal protective equipment (PPE). Medical PPE should be used by healthcare personnel and first responders for their protection. Healthcare personnel and first responders should not wear cloth face coverings instead of PPE when respirators or facemasks are indicated.

General considerations for the use of cloth face coverings

When using a cloth face covering, make sure:

• The mouth and nose are fully covered
• The covering fits snugly against the sides of the face so there are no gaps
• You do not have any difficulty breathing while wearing the cloth face covering
• The cloth face covering can be tied or otherwise secured to prevent slipping

Avoid touching your face as much as possible. Keep the covering clean. Clean hands with soap and water or alcohol-based hand sanitizer immediately, before putting on, after touching or adjusting, and after removing the cloth face covering. Don’t share it with anyone else unless it’s washed and dried first. You should be the only person handling your covering. Laundry instructions will depend on the cloth used to make the face covering. In general, cloth face coverings should be washed regularly (e.g., daily and whenever soiled) using water and a mild detergent, dried completely in a hot dryer, and stored in a clean container or bag.

For more information, go to: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-faq.html
When to wear gloves

For the general public, CDC recommends wearing gloves when you are cleaning or caring for someone who is sick.

In most other situations, like running errands, wearing gloves is not necessary. Instead, practice everyday preventive actions like keeping social distance (at least 6 feet) from others, washing your hands with soap and water for 20 seconds (or using a hand sanitizer with at least 60% alcohol), and wearing a cloth face covering when you have to go out in public.

When cleaning

When you are routinely cleaning and disinfecting your home.

- Follow precautions listed on the disinfectant product label, which may include-
  - wearing gloves (reusable or disposable) and
  - having good ventilation by turning on a fan or opening a window to get fresh air into the room you’re cleaning.
- Wash your hands after you have removed the gloves.

When caring for someone who is sick

If you are providing care to someone who is sick at home or in another non-healthcare setting

- Use disposable gloves when cleaning and disinfecting the area around the person who is sick or other surfaces that may be frequently touched in the home.
- Use disposable gloves when touching or having contact with blood, stool, or body fluids, such as saliva, mucus, vomit, and urine.
- After using disposable gloves, throw them out in a lined trash can. Do not disinfect or reuse the gloves.
- Wash your hands after you have removed the gloves.

When gloves aren’t needed

Wearing gloves outside of these instances (for example, when using a shopping cart or using an ATM) will not necessarily protect you from getting COVID-19 and may still lead to the spread of germs. The best way to protect yourself from germs when running errands and after going out is to regularly wash your hands with soap and water for 20 seconds or use hand sanitizer with at least 60% alcohol.
Other ways to protect yourself

COVID-19 is a respiratory virus and is mainly spread through droplets created when a person who is infected coughs, sneezes, or talks. You can protect yourself by keeping social distance (at least 6 feet) from others and washing your hands with soap and water for 20 seconds (or using a hand sanitizer with at least 60% alcohol) at key times, and practicing everyday preventive actions.

Gloves in the workplace

Guidelines and recommendations for glove use in healthcare and work settings will differ from recommendations for the general public.
UT Wing Safety Notice for All Safety Officers

From: UT Wing Safety Officer
To: All Unit CC’s and Safety Officers
Subj: UT Wing Remobilization Process

Commanders and Safety Officers,

Following guidance provided in accordance with NHQ guidelines, in setting up the reopening process. UT Wing targets 1 July 2020 for Phase 1 activities to begin. To ensure an optimally safe environment for our squadron members, we need to have some safety practices implemented and in place. See attached form "CAP Guideline for Gatherings"

This guideline addresses areas of concern for meetings and a management section. Each unit must review this guidance and implement the processes as needed. We also need to identify appropriate actions in the case of a return to increased risk. These actions require the use of safety supplies including, but not restricted to the following: Face coverings, gloves, hand sanitizer, and surface disinfectant. Squadrons can obtain or make appropriate masks and most squadrons can probably find local sources also. See attached "mask study" and "cloth face mask email" information. Bottom line, each unit needs to assess the risks and implement strategies to mitigate those risks, this information is provided as part of that strategy.
Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation
Version 4.5

This is an addendum to Utah Leads Together 2.0. The Governor’s Office of Management and Budget and the Utah Department of Health, with assistance from Leavitt Partners, have developed recommendations to support the roadmap for reactivation of the Utah economy while stabilizing public health.

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1 https://coronavirus.utah.gov/utah-leads-together/
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<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>General public and employers take extreme precautions</td>
<td>General public and employers take extreme precautions</td>
<td>General public and employers take reasonable precautions</td>
<td>General public and employers take reasonable precautions</td>
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</tr>
<tr>
<td>Face coverings worn in public settings where other social distancing measures are difficult to maintain</td>
<td>Face coverings worn in public settings where other social distancing measures are difficult to maintain</td>
<td>Face coverings worn in public settings where social distancing measures are difficult to maintain</td>
<td>Face coverings worn in public settings where social distancing measures are difficult to maintain</td>
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<td>Follow strict hygiene standards, including:</td>
<td>Follow strict hygiene standards, including:</td>
<td>Follow strict hygiene standards, including:</td>
<td>Follow strict hygiene standards, including:</td>
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<tr>
<td>- Wash hands frequently with soap and water for at least 20 seconds</td>
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<td>- Wash hands frequently with soap and water for at least 20 seconds</td>
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<tr>
<td>- Use hand sanitizer frequently</td>
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<td>- Use hand sanitizer frequently</td>
<td>- Use hand sanitizer frequently</td>
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<tr>
<td>- Avoid touching your face</td>
<td>- Avoid touching your face</td>
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<td>- Avoid touching your face</td>
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<td>- Cover coughs or sneezes (e.g. into a tissue, sleeve, or elbow; not hands)</td>
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<td>- Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces)</td>
<td>- Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces)</td>
<td>- Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces)</td>
<td>- Regularly clean high-touch surfaces (e.g. door handles, counters, light switches, remote controls, restroom surfaces)</td>
<td></td>
</tr>
<tr>
<td>- Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department</td>
<td>- Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department</td>
<td>- Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department</td>
<td>- Follow any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and local health department</td>
<td></td>
</tr>
<tr>
<td>Do not shake hands</td>
<td>Do not shake hands</td>
<td>Do not shake hands</td>
<td>Do not shake hands</td>
<td></td>
</tr>
<tr>
<td>In-person interactions limited to individual households; Interactions in groups of 10 or fewer</td>
<td>In-person interactions limited to individual households; Interactions in groups of 10 or fewer</td>
<td>In-person interactions limited to individual households; Interactions in groups of 10 or fewer</td>
<td>In-person interactions limited to individual households; Interactions in groups of 10 or fewer</td>
<td></td>
</tr>
<tr>
<td>Increase virtual interactions</td>
<td>Increase virtual interactions</td>
<td>Increase virtual interactions</td>
<td>Increase virtual interactions</td>
<td></td>
</tr>
<tr>
<td>Leave home infrequently; stay 6 feet away from others when outside the home</td>
<td>Leave home infrequently; stay 6 feet away from others when outside the home</td>
<td>Leave home infrequently; stay 6 feet away from others when outside the home</td>
<td>Leave home infrequently; stay 6 feet away from others when outside the home</td>
<td></td>
</tr>
<tr>
<td>Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces)</td>
<td>Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces)</td>
<td>Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces)</td>
<td>Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, countertops, handrails, shopping carts, check-out counters, restroom surfaces)</td>
<td></td>
</tr>
<tr>
<td>Give sick family members their own room if possible and keep the door closed</td>
<td>Give sick family members their own room if possible and keep the door closed</td>
<td>Give sick family members their own room if possible and keep the door closed</td>
<td>Give sick family members their own room if possible and keep the door closed</td>
<td></td>
</tr>
<tr>
<td>Have only one family member care for the sick individual</td>
<td>Have only one family member care for the sick individual</td>
<td>Have only one family member care for the sick individual</td>
<td>Have only one family member care for the sick individual</td>
<td></td>
</tr>
<tr>
<td>Schools closed</td>
<td>Schools closed</td>
<td>Schools closed</td>
<td>Schools closed</td>
<td></td>
</tr>
<tr>
<td>Employees and volunteers of businesses operate remotely, unless not possible</td>
<td>Employees and volunteers of businesses operate remotely, unless not possible</td>
<td>Employees and volunteers of businesses operate remotely, unless not possible</td>
<td>Employees and volunteers of businesses operate remotely, unless not possible</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>General public and employers take reasonable precautions</td>
</tr>
<tr>
<td>All businesses operating</td>
</tr>
<tr>
<td>Schools are open</td>
</tr>
<tr>
<td>Traveling restrictions mostly lifted, self-monitor symptoms 14 days upon return; avoid areas of high transmission</td>
</tr>
<tr>
<td>Regularly disinfect high-touch areas (e.g. door handles, buttons/switches, handrails, shopping carts, check-out counters, restroom surfaces)</td>
</tr>
</tbody>
</table>
### Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
</table>
| • Employers evaluate workforce strategy, concerns, and enact strategies to minimize economic impact  
• Encourage high-contact businesses not to operate  
• Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible  
• Design spaces to maintain 6-foot distance between individuals  
• Limit travel to essential travel only², quarantine 14 days upon return from high-risk areas³ (this quarantine protocol does not apply to an individual who travels out of state pursuant to the individual’s regular and ordinary duties as an employee of a transportation business or entity) | • Employers evaluate workforce strategy, concerns, and enact strategies to minimize economic impact  
• High-contact businesses can operate under strict protocols  
• Restaurants are open for dine-in services with strict requirements  
• Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible  
• Design spaces to maintain 6-foot distance between individuals  
• Limit out-of-state travel, quarantine 14 days upon return from high-risk areas³ (this quarantine protocol does not apply to an individual who travels out of state pursuant to the individual’s regular and ordinary duties as an employee of a transportation business or entity) | • Employers exercise discretion with remote work and returning to onsite work  
• Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible  
• Design workspaces to maintain 6-foot distance between individuals. If impossible to do so, a partition must be installed for separation or a face covering must be worn  
• Reconsider any nonessential travel into areas with widespread community transmission of COVID-19  
• In the state of Utah, adhere to guidelines of geographic area currently in | |

² Essential travel means to: safely relocate by an individual whose home or residence is unsafe, including individuals who have suffered or are at risk of domestic violence, or for whom the safety, sanitation or essential operations of the home or residence cannot be maintained; care for a family member or friend in the same household or another household, including transporting family members or friends; transport a child according to existing parenting time schedules or other visitation schedules pertaining to a child in need of protective services; care for pets, including travel to a veterinarian; seek emergency services; obtain medications and medical services; donate blood; obtain food, including delivery or carry-out services, beverages (alcoholic and non-alcoholic), and other grocery items, gasoline, supplies required to work from home, and products needed to maintain the safety, sanitation, and essential operation of homes and residences, businesses, and personally owned vehicles, including automobiles and bicycles; perform work if you cannot telework; transport/deliver essential goods; engage in recreational and outdoor activities; laundromats and dry cleaners; return to a home or place of residence  
High-risk individuals are defined as people 65 years and older, people who live in a nursing home or long-term care facility, people of all ages with underlying medical conditions, including lung disease or moderate to severe asthma, people who have serious heart conditions, people who are immunocompromised (many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications), people with severe obesity, diabetes, chronic kidney disease undergoing dialysis, or liver disease.

**Actions by High-Risk Individuals**

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Face coverings worn at all times in public setting</td>
<td>• Face coverings worn at all times in public setting</td>
<td>• Face coverings worn in settings where other social distancing measures are difficult to maintain</td>
<td>• For any travel, use appropriate precautions; avoid high-risk areas</td>
</tr>
<tr>
<td>• Limit travel to only essential travel, as defined on page 3; if telework is not possible, limit travel to work-related travel only</td>
<td>• Limit travel to only essential travel, as defined on page 3; if telework is not possible, limit travel to work-related travel only</td>
<td>• For any travel, use appropriate precautions; avoid high-risk areas</td>
<td>• Limit physical interactions with other high-risk individuals, who are symptomatic</td>
</tr>
<tr>
<td>• Limit visiting friends or family without urgent need</td>
<td>• Limit visiting friends or family without urgent need</td>
<td>• Telework if possible, if not, maintain 6-foot distance</td>
<td>• Interactions allowable in larger groups, with strict hygiene measures and symptom monitoring</td>
</tr>
<tr>
<td>• Limit physical interactions with other high-risk individuals, except for members of your household or residence</td>
<td>• Limit physical interactions with other high-risk individuals, except for members of your household or residence</td>
<td>• When visiting friends or family, wear face coverings when within a 6-foot distance</td>
<td>• Do not interact with symptomatic individuals</td>
</tr>
<tr>
<td>• Limit attending gatherings of any number of people outside your household or residence</td>
<td>• Limit attending gatherings of any number of people outside your household or residence</td>
<td>• Social interactions in groups of 20 or fewer people outside your household or residence</td>
<td></td>
</tr>
<tr>
<td>• Do not visit hospitals, nursing homes, or other residential care facilities</td>
<td>• Do not visit hospitals, nursing homes, or other residential care facilities</td>
<td>• Limit visits to hospitals, nursing homes, or other residential care facilities</td>
<td></td>
</tr>
</tbody>
</table>

**Interactions with High-Risk Individuals**

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Avoid physical interactions with high-risk individuals as much as possible</td>
<td>• Avoid physical interactions with high-risk individuals as much as possible</td>
<td>• Individuals not experiencing symptoms consistent with COVID-19 take extra precautions and follow strict hygiene standards when interacting with high-risk groups</td>
<td>• Individuals not experiencing symptoms consistent with COVID-19 take extra precautions and follow strict hygiene standards when interacting with high-risk groups</td>
</tr>
<tr>
<td>• No visits to hospitals, nursing homes, and other residential care facilities</td>
<td>• No visits to hospitals, nursing homes, and other residential care facilities</td>
<td>• Do not interact with symptomatic individuals</td>
<td>• Take proper precautions when visiting the hospital, nursing homes, or other residential care facilities</td>
</tr>
<tr>
<td>• Targeted testing for those working with high-risk individuals</td>
<td>• Targeted testing for those working with high-risk individuals</td>
<td>• Limit visits to hospitals</td>
<td></td>
</tr>
</tbody>
</table>

**Households with High-Risk Individuals**

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• For those living with a high-risk individual, household members should conduct themselves as if they are a significant risk to the high-risk individual</td>
<td>• Wash hands before interacting with high-risk household members, including before feeding or caring for the person</td>
<td>• Individuals not experiencing symptoms consistent with COVID-19 take extra precautions and follow strict hygiene standards when interacting with high-risk groups</td>
<td>• Individuals not experiencing symptoms consistent with COVID-19 take extra precautions and follow strict hygiene standards when interacting with high-risk groups</td>
</tr>
<tr>
<td>• If possible, provide a protected space for high-risk household members, and ensure all utensils and surfaces are cleaned regularly</td>
<td>• High-risk populations should take extra precaution to avoid close contact with multiple people, including having the same caretakers whenever possible</td>
<td>• Do not interact with symptomatic individuals</td>
<td>• Take proper precautions when visiting the hospital, nursing homes, or other residential care facilities</td>
</tr>
<tr>
<td>• High-risk populations should take extra precaution to avoid close contact with multiple people, including having the same caretakers whenever possible</td>
<td>• Those who are, or work with, vulnerable populations should undergo daily screening/symptom monitoring and should be tested if they develop COVID-19 symptoms</td>
<td>• Limit visits to hospitals</td>
<td></td>
</tr>
<tr>
<td>• Those who are, or work with, vulnerable populations should undergo daily screening/symptom monitoring and should be tested if they develop COVID-19 symptoms</td>
<td>• Consider providing additional protections or more intensive care for high-risk household members</td>
<td>• No visits to nursing homes and other residential care facilities</td>
<td></td>
</tr>
<tr>
<td>• Additional CDC guidance for high-risk populations can be found here!</td>
<td>• Targeted testing for those working with high-risk individuals</td>
<td>• Targeted testing for those working with high-risk individuals</td>
<td></td>
</tr>
</tbody>
</table>

# Tiered Guidelines for the General Public

## Social Guidelines

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>General public takes extreme precautions</td>
<td>General public takes extreme precautions</td>
<td>General public takes reasonable precautions</td>
<td>General public takes reasonable precautions</td>
</tr>
<tr>
<td>Stay 6 feet away from others when outside the home unless not possible</td>
<td>Stay 6 feet away from others when outside the home unless not possible</td>
<td>Maintain social distancing when in public settings</td>
<td>Internations allowable in larger groups, with strict hygiene measures and symptom monitoring</td>
</tr>
<tr>
<td>Face coverings worn in settings where other social distancing measures are difficult to maintain</td>
<td>Face coverings worn in settings where other social distancing measures are difficult to maintain</td>
<td>Face coverings worn in settings where other social distancing measures are difficult to maintain</td>
<td>Evaluate mass gatherings based on monitoring and testing rates</td>
</tr>
<tr>
<td>In-person interactions limited to individual households; increase virtual interactions</td>
<td>In-person interactions limited to individual households and those who have been following recommended distancing/hygiene guidelines; increase use of virtual interactions</td>
<td>Private, social interactions that occur without oversight by a formal organization are allowable in groups of 50 or fewer</td>
<td></td>
</tr>
<tr>
<td>Essential travel only. Leave home infrequently</td>
<td>Leave home infrequently</td>
<td>Leave home infrequently</td>
<td></td>
</tr>
<tr>
<td>Social interactions in groups of 10 or fewer</td>
<td>Social interactions in groups of 10 or fewer</td>
<td>Social interactions in groups of 10 or fewer</td>
<td></td>
</tr>
</tbody>
</table>

## Use of Face Coverings

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where other social distancing measures are difficult to maintain</td>
<td>Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where other social distancing measures are difficult to maintain</td>
<td>Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where social distancing measures are difficult to maintain</td>
<td>Face coverings not necessary for the general public</td>
</tr>
<tr>
<td>Change or launder cloth face coverings routinely</td>
<td>Change or launder cloth face coverings routinely</td>
<td>Change or launder cloth face coverings after each day’s use</td>
<td></td>
</tr>
<tr>
<td>Individuals should stay 6 feet away from others even when wearing a face covering</td>
<td>Individuals should stay 6 feet away from others even when wearing a face covering</td>
<td>Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td></td>
</tr>
<tr>
<td>Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td>Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td>Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td></td>
</tr>
</tbody>
</table>

## Family Gatherings (e.g. Funeral, Wedding, Religious Ceremonies)

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Follow all social guidelines outlined on page 5</td>
<td>Follow all social guidelines outlined on page 5</td>
<td>Follow all social guidelines outlined on page 5</td>
<td>Follow all social guidelines outlined on page 5</td>
</tr>
<tr>
<td>Only members of the same household or residence may attend</td>
<td>Small group of close family and friends may attend, as long as they have been following social distancing and hygiene practices for two weeks</td>
<td>Medium sized group that enables all social distancing guidelines to be followed</td>
<td>Interactions allowable in larger groups, with strict hygiene measures and symptom monitoring</td>
</tr>
</tbody>
</table>

## Children, Including Playgrounds

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Follow all social guidelines outlined on page 5</td>
<td>Follow all social guidelines outlined on page 5</td>
<td>Follow all social guidelines outlined on page 5</td>
<td>Follow all social guidelines outlined on page 5</td>
</tr>
<tr>
<td>Do not arrange or participate in in-person playdates or similar activities</td>
<td>Do not arrange or participate in in-person playdates or similar activities</td>
<td>Do not arrange or participate in in-person playdates or similar activities</td>
<td>All symptomatic children should stay home from school and childcare, and will be sent home if exhibiting any symptoms</td>
</tr>
<tr>
<td>Do not allow children on public playground</td>
<td>Do not allow children on public playground</td>
<td>Do not allow children on public playground</td>
<td></td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Phase</th>
<th>K-12 Schools</th>
<th>Driver's Education, specifically on Range and Roads</th>
</tr>
</thead>
</table>
| **High Risk** | • Follow all guidelines outlined on page 5 & page 11  
• Do not attend school outside the home  
• Soft closure of schools; distance learning only  
• Schools may send home food | • Not in operation |
| **Moderate Risk** | • Follow all guidelines outlined on page 5 & page 11  
• Soft closure of schools; remote learning  
• Small numbers of students may be allowed in school buildings temporarily for tutoring and special services while observing social distancing and group gathering guidelines  
• Schools may send home food | • Follow all guidelines outlined on page 5 & page 11  
• Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible |
| **Low Risk** | • Follow all guidelines outlined on page 5 & page 11  
• Reopening anticipated for the 2020-2021 school year, including sporting events, activities, and in-person graduations, with increased cleaning and hygiene regimen  
• Monitor employees and students for symptoms and have protocol in place to quarantine onsite students who will be sent home  
• All symptomatic children and employees should stay home from school and childcare, and will be sent home if exhibiting any symptoms  
• Hand sanitizer made available to faculty and students in each classroom or regular handwashing routines instituted  
• Seat students 6 feet apart where possible; otherwise, students should be seated as far apart as reasonably possible  
• Assign seats and record attendance to support contact tracing  
• Beginning 12:00pm noon on Wednesday, May 27, school activities, including sports, may resume under jurisdiction of district and school authorities in adherence to indoor and outdoor guidelines  
• Faculty and staff wear face coverings when social distancing is not feasible  
• Details regarding face coverings for students will be provided by local school and charter boards in consultation with health department officials  
• More detailed operational guidance will be provided by the State Board of Education | • Follow all guidelines outlined on page 5 & page 11  
• Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible  
• Resume activities, follow hygiene standards |
| **New Normal Risk** | • Follow all guidelines outlined on page 5 & page 11  
• Schools are open with increased cleaning and hygiene regimen  
• All symptomatic children and employees should stay home from school and childcare, and will be sent home if exhibiting any symptoms | • Follow all guidelines outlined on page 5 & page 11 |
<table>
<thead>
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<th>Low Risk</th>
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</tr>
</thead>
</table>
|           | • Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible  
• Wash or sanitize hands before entering the vehicle and after leaving the vehicle  
• Appointments scheduled with enough time allowed to disinfect all surfaces between students  
• Both students and instructors wear face coverings  
• Maximum 2 students and 1 instructor per vehicle  
• No food or drinks in the vehicle  
• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times  
• Share student and parent documents electronically; avoid handling and sharing paperwork  
• High-risk instructors and students follow recommendations for high-risk individuals | • Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible  
• Wash or sanitize hands before entering the vehicle and after leaving the vehicle  
• Appointments scheduled with enough time allowed to disinfect all surfaces between students  
• Both students and instructors wear face coverings  
• Maximum 3 students and 1 instructor per vehicle  
• No food or drinks in the vehicle  
• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times  
• Share student and parent documents electronically; avoid handling and sharing paperwork  
• High-risk instructors and students follow recommendations for high-risk individuals | • Follow all guidelines outlined on page 5 & page 11  
• Classes limited to distance learning  
• All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus  
• Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)  
• Limit campus visitors (between living unites, from other dorm halls, and from off campus)  
• Campus visitors are notified of COVID-19 prevention guidelines  
• For residential campuses:  
  o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests and include | • Follow all guidelines outlined on page 5 & page 11  
• Classes limited to distance learning  
• All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus  
• Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)  
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• Campus visitors are notified of COVID-19 prevention guidelines  
• For residential campuses:  
  o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests and include |

### Higher Education Institutions
- Follow all guidelines outlined on page 5 & page 11  
- Classes limited to distance learning  
- All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus  
- Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)  
- Limit campus visitors (between living unites, from other dorm halls, and from off campus)  
- Campus visitors are notified of COVID-19 prevention guidelines  
- For residential campuses:  
  o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests and include
- Campuses may be open for in-person students and faculty with increased cleaning and hygiene regimen  
- In cooperation with the Utah System of Higher Education, each institution will develop individualized plans for repopulating campuses, monitoring for incidences, containing outbreaks, and reclosing if necessary  
- Monitor employees and students for symptoms  
- Employees and students encouraged to use Healthy Together mobile app to help contain the spread of COVID-19  
- Campuses may be open for in-person students and faculty with increased cleaning and hygiene regimen  
- All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus  
- Follow all guidelines outlined on page 5 & page 11  
- Classes limited to distance learning  
- All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus  
- Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)  
- Limit campus visitors (between living unites, from other dorm halls, and from off campus)  
- Campus visitors are notified of COVID-19 prevention guidelines  
- For residential campuses:  
  o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests and include
## Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

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</tr>
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</table>
| **accommodations (e.g. food delivery, distance learning resources, etc.)**  
  o Common areas in dorm rooms are closed  
  * Encourage enhanced symptom monitoring, methods for cohort identification and proper utilization of testing in consultation with public health officials  | **All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus**  
  * Faculty and staff wear face coverings when social distancing is not feasible  
  * Details regarding face coverings for students will be provided by the Utah System of Higher Education in consultation with state government  
  * Hand sanitizer made available to faculty and students in each classroom or regular handwashing routines instituted  
  * Students sit 6 feet apart where possible; where not possible, students wear face coverings and institutions record attendance and seating location to support contact tracing  
  * Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)  
  * Campus visitors are notified of COVID-19 prevention guidelines  
  * For residential campuses:  
    o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests; provide for appropriate accommodations (e.g. food delivery, distance learning resources, etc.)  
    o Common areas in dorm rooms may be open but should be cleaned and disinfected frequently  
  * Encourage enhanced symptom monitoring, methods for cohort identification and proper utilization of testing in consultation with public health officials  | | |
| **Outdoor Recreation, Youth Outdoor Sports,**  
  * Follow all guidelines outlined on page 5 & page 11  
  * Remain at least 6 feet apart from individuals from other households while engaging in  | **Follow all guidelines outlined on page 5 & page 11**  
  * Remain at least 6 feet apart from individuals from other households while engaging in | | |
| | | **Follow all guidelines outlined on page 5 & page 11**  
  * Remain at least 6 feet apart from individuals from other households while engaging in | **Follow all guidelines outlined on page 5 & page 11**  
  * Resume activities, follow hygiene standards |
### High Risk

<table>
<thead>
<tr>
<th><strong>including Parks, Playgrounds, Pavilions</strong></th>
<th><strong>outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.)</strong></th>
<th><strong>Do not touch high-touch surfaces, including handrails, trail signs, maps</strong></th>
<th><strong>Do not congregate at trailheads, parks, or other outdoor spaces</strong></th>
<th><strong>Do not travel to, or participate in activities at, any of the following locations:</strong> o places of public amusement or public activity o public swimming pools o gyms, and fitness centers</th>
<th><strong>Do not go to or engage in activities at a state park located outside the county in which you reside (the availability of national parks will be determined in consultation with the National Park Service and the county in which the park is located)</strong></th>
</tr>
</thead>
</table>

### Moderate Risk

<table>
<thead>
<tr>
<th><strong>Pools, Water Parks, Spas</strong></th>
<th><strong>Follow all guidelines outlined on page 5 &amp; page 11</strong></th>
<th><strong>Pools are limited to lap swim only, one swimmer per lane; no congregating on pool decks</strong></th>
<th><strong>Swim team is allowed as long as social distancing is allowed on pool deck</strong></th>
<th><strong>Symptom screening</strong></th>
<th><strong>Follow guidelines for state and national parks</strong></th>
</tr>
</thead>
</table>

### Low Risk

| **outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.)** | **Do not touch high-touch surfaces, including handrails, trail signs, maps** | **Do not congregate at trailheads, parks, or other outdoor spaces** | **Do not engage in sporting activities requiring teammates or opponents to be closer than 10 feet from one another** | **Skills development and conditioning activities are allowable under social distancing guidelines** | **Staff must disinfect all equipment after each use** |

### New Normal Risk

| **Avoid contact with high-touch surfaces, including handrails, trail signs, maps** | **Do not congregate at trailheads, parks, or other outdoor spaces** | **Distribution of promotional items, candy, food items, etc. during spectator events must be distributed in a manner that does not promote congregating** | **Participants (e.g., players, performers, actors) should have their symptoms checked prior to each competition or practice** | **Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when social distancing is not feasible** | **Follow guidelines for state and national parks** |

| **Recreation camps may operate in accordance with existing policy and health guidelines** | **Recreational vehicle parks may operate in accordance with existing policy and health guidelines** | **Roadway rest areas may open and operate in accordance with existing policy and health guidelines** | **Spectators maintain social distancing between household groups and wear face coverings when social distancing guidelines are difficult to maintain** | **Follow guidelines for state and national parks** |

| **Open plunge operates at a reduced capacity that enables appropriate social distancing to be maintained between household groups on pool deck** | **6-foot social distancing between household groups is maintained on pool deck** | **Lap swimming resumes to normal capacity** | **Follow all guidelines outlined on page 5 & page 11** | **Resume normal operations** |
### High Risk

- Maintain signage that encourages social distancing guidelines to be met at all times

### Moderate Risk

- Swim team and swim lessons are allowed as long as social distancing is allowed on pool deck
- Lifeguard training is allowable; safeguards encouraged as much as possible during training including symptom checking of trainees (checklist or verbal), including temperature checks when feasible
- Maintain signage that encourages social distancing guidelines to be met at all times

### Low Risk

- Seating arrangements should be made such that a 6-foot distance is maintained between each household group
- Limit the number of people in a confined area to enable adequate 6-foot distancing at all times between each household group.
- See Appendix B for additional considerations.

### New Normal Risk

- Follow all social guidelines outlined on page 5
- Resume normal services

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### Religious Services

- Follow all social guidelines outlined on page 5
- Recommend streamed services to households

- Seating arrangements should be made such that a 6-foot distance is maintained between each household group
- Limit the number of people in a confined area to enable adequate 6-foot distancing at all times between each household group.
- See Appendix B for additional considerations.

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- See Appendix B for additional considerations.

- Follow all social guidelines outlined on page 5
- Resume normal services
### Tiered Recommendations for Businesses and Employees

<table>
<thead>
<tr>
<th>General Employer Guidelines Intended for Use in All Industries</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Symptoms include:</strong> fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains</td>
<td>Employees exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate on-site work should monitor workforce for symptoms and well-being.</td>
<td>Employees exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate on-site work should monitor workforce for symptoms and well-being.</td>
<td>Employees encourage flexible working arrangements (rotating shifts, remote work, etc.). Comply with distancing guidelines. Increased cleaning regimen of high-touch areas. Monitor employees for symptoms and well-being.</td>
<td>All businesses are open and operating under stricter hygiene and cleaning regimen. Monitoring health of workforce and customers.</td>
</tr>
<tr>
<td>- Employers take extreme precautions</td>
<td>- Employers take extreme precautions</td>
<td>- Employers take reasonable precautions</td>
<td>- All businesses operational if they can meet and adhere to all guidelines</td>
<td>- Employees take reasonable precautions</td>
</tr>
<tr>
<td>- Provide accommodations to high-risk employees</td>
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<td>- Provide accommodations to high-risk employees; minimize face-to-face contact, assign tasks that allow these individuals to maintain a 6-foot distance from other employees or customers, implement flexible work hours or staggered shifts, allow high-risk individuals to work remotely</td>
<td>- Employers exercise discretion with returning to onsite work</td>
<td>- Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD</td>
</tr>
<tr>
<td>- Employees and volunteers operate remotely, unless not possible</td>
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<td>- Face coverings worn in settings where other social distancing measures are difficult to maintain; ensure that face coverings are available</td>
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<td>- Make every possible effort to enable working from home as a first option; where not possible, workplaces comply with distancing and hygiene guidelines</td>
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<td>- Encourage remote work when possible; employers exercise discretion with returning to onsite work</td>
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</tr>
<tr>
<td>- Minimize face-to-face interactions, including with customers (e.g. utilize drive-thru, install partitions)</td>
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<td>- Workplaces comply with distancing and hygiene guidelines</td>
<td>- Where distancing and hygiene guidelines cannot be followed in full, businesses should consider whether that activity needs to continue for the business to operate</td>
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<tr>
<td>- Eliminate unnecessary travel and cancel or postpone in-person meetings, conferences, workshops, and training sessions</td>
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<td>- Require employees to self-quarantine when returning from high-risk areas</td>
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<td>- Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact</td>
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<td>- Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD</td>
<td>All businesses are open and operating under stricter hygiene and cleaning regimen. Monitoring health of workforce and customers.</td>
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</tbody>
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\(^5\) Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains

## Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Restaurants, Food Service Establishments, Bars, Food Trucks, Convenience Stores</strong></td>
<td><strong>Takeout, curbside pickup or delivery only. Extreme caution taken in food preparation. Physical distancing maintained. Contactless payment encouraged. Create safe environment for staff</strong></td>
<td><strong>Takeout, curbside pickup, or delivery options encouraged. Dine-in services allowable with extreme precaution, following strict guidelines around physical distancing and staff monitoring. Contactless payment encouraged. Create safe environment for staff</strong></td>
<td><strong>Dine-in service and bars are opened, with tables arranged so there is appropriate distance between diners. Increased hygiene practices for customers and staff</strong></td>
</tr>
<tr>
<td>Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD</td>
<td>Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD</td>
<td>For dine-in services:</td>
<td>Dine-in restaurants operating under proper safety precautions for staff and customers</td>
</tr>
<tr>
<td><strong>Takeout, curbside pickup or delivery only. Extreme caution taken in food preparation. Physical distancing maintained. Contactless payment encouraged. Create safe environment for staff</strong></td>
<td><strong>Follow all employer guidelines outlined on page 11</strong></td>
<td>Dine-in services, including buffets and bars, may be open under the following requirements outlined in Appendix A</td>
<td>For dine-in services:</td>
</tr>
</tbody>
</table>
| Takeout only. This includes delivery, curbside pickup, third-party delivery (e.g., DoorDash, Grubhub, Uber Eats) | **Symptom checking of employees (checklist or verbal), including temperature checks when feasible** | For dine-in services
1: | For dine-in services: |
| Stagger workstations so workers can maintain a 6-foot distance and do not face one another | **Encourage contactless payment; if not possible, disinfect transaction terminal between customers** | Dine-in services, including buffets and bars, may be open under the following requirements outlined in Appendix A | Dine-in services, including buffets and bars, may be open under the following requirements outlined in Appendix A |
| Encourage contactless payment; if not possible, disinfect transaction terminal between customers | **Staff wear face coverings** | **At time unless authorized by LHD** | **For takeout services:** |
| Staff must sanitize hands between handling payment options and food/containers | **Symptom checking of employees (checklist or verbal), including temperature checks when feasible** | **Staff wear face coverings when 6-foot distance is difficult to maintain** | **Symptom checking of employees (checklist or verbal), including temperature checks when feasible** |
| When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned | **Staff wear face coverings** | **Stagger workstations so workers can maintain a 6-foot distance and do not face one another** | **Staff wear face coverings when 6-foot distance is difficult to maintain** |
| Employers provide personal protection equipment such as face coverings, hair nets, gloves, overalls | **Encourage contactless payment; if not possible, disinfect transaction terminal between customers** | **Encourage contactless payment; if not possible, disinfect transaction terminal between customers** | **Encourage contactless payment; if not possible, disinfect transaction terminal between customers** |
| Customers voluntarily provide contact information to assist with contact tracing efforts | **Staff must sanitize hands between handling payment options and food/containers** | **Staff must sanitize hands between handling payment options and food/containers** | **Staff must sanitize hands between handling payment options and food/containers** |
| **Restaurants, Food Service Establishments, Bars, Food Trucks, Convenience Stores** | **When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned** | **When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned** | **When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned** |
| **Takeout, curbside pickup or delivery only. Extreme caution taken in food preparation. Physical distancing maintained. Contactless payment encouraged. Create safe environment for staff** | **Employers provide personal protection equipment such as face coverings, hair nets, gloves, overalls** | **Employers provide personal protection equipment such as face coverings, hair nets, gloves, overalls** | **Employers provide personal protection equipment such as face coverings, hair nets, gloves, overalls** |
| Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD | **Customers voluntarily provide contact information to assist with contact tracing efforts** | **Customers voluntarily provide contact information to assist with contact tracing efforts** | **Customers voluntarily provide contact information to assist with contact tracing efforts** |

2 Dine-in services not recommended during moderate risk conditions. However, if dine-in services are opened, the following precautions should be taken.
### Phased Guidelines for the General Public and Businesses

**to Maximize Public Health and Economic Reactivation**

**Retail, including Grocery Stores, Pharmacy, Convenience Stores**

<table>
<thead>
<tr>
<th>High Risk</th>
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<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Essential retail (e.g., grocery, hardware, etc.) create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor patrons and employees for symptoms. Customers and employees wear face coverings.</td>
<td>Retail establishments create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor employees for symptoms. Customers and employees wear face coverings.</td>
<td>Retail establishments exercise discernment, establishing principles for safe environment and public trust. Monitor employees for symptoms and encourage face coverings for any interactions taking place within 6 feet.</td>
<td>Retail establishments operate under heightened hygiene and cleaning standards. Monitor employees for symptoms.</td>
</tr>
<tr>
<td>• Follow all employer guidelines outlined on page 11.</td>
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</tr>
<tr>
<td>• Both customers and employees wear face coverings.</td>
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<td>• Face coverings are worn for interactions that take place within a 6-foot distance.</td>
<td>• Signage to encourage customers to use cleaning wipes and hand sanitizer.</td>
</tr>
<tr>
<td>• Maintain signage to remind and help individuals stand at least 6 feet apart, including outside when in line, and in store check-out lines.</td>
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<td>• Maintain signage to remind and help individuals stand at least 6 feet apart, including in store check-out lines.</td>
<td>• Ensure cleaning wipes are near shopping carts and shopping baskets.</td>
</tr>
<tr>
<td>• Assign an employee to disinfect carts and baskets after each use.</td>
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<td>• Assign an employee to disinfect carts and baskets after each use.</td>
<td>• Make hand sanitizer readily available to customers and employees (e.g. at checkout counters and entrances, etc.)</td>
</tr>
<tr>
<td>Maximum number of patrons must be such that a 6-foot distance between patrons and employees can be easily maintained (1 person per 100 square feet).</td>
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</tr>
<tr>
<td>Limit purchase quantities on certain goods selling out quickly; this will help maintain ability to meet needs of patrons and limit crowds and lines.</td>
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<tr>
<td>Set an established window of time for high-risk individuals to come in without pressure from crowds.</td>
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<td>Set an established daily window of time for high-risk individuals to come in without pressure from crowds.</td>
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</tr>
<tr>
<td>Staff may only come closer than 6 feet to other staff and customers when accepting payment or delivering goods or services if wearing face covering.</td>
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<tr>
<td>One-way aisles to support physical distancing.</td>
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</tr>
<tr>
<td>Discourage bringing kids or strollers into stores when possible to allow as much space as possible in aisles.</td>
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</tr>
</tbody>
</table>

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8 Face coverings are extremely important in the retail setting, as customers are passing one another with high frequency.
## High Risk

- Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance
- Deliver products through curbside pick-up or delivery
- Make regular announcements to remind customers to follow physical distancing guidelines

### Specific Guidance for Grocery & Pharmacy

- Separate order and delivery areas to keep customers from waiting too long in confined areas together
- Prevent people from self-serving any food items that are ready to eat and are not prepackaged; does not include fresh produce
- Only make bulk items available if they are individually packaged
- Do not allow individuals to bring their own bags, mugs, or other reusable items from home
- If possible, waive prescription delivery fees

### Hospitality, Tourism & Accommodations

Limited operations of this industry. Hotels and other accommodations take extreme safety precautions for both staff and guests

- Follow all employer guidelines outlined on page 11
- Staff and guests wear face coverings
- Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas
- Social distancing maintained in all common areas or meeting rooms
- Digital check-in and checkout encouraged
- Consider installing plexiglass partition in areas coming into close contact with guests (e.g. registration, concierge, valet desks)
- Symptomatic guests should stay in their room and wear a face covering anytime they leave the room

## Moderate Risk

- Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance
- Deliver products through curbside pick-up or delivery
- Make regular announcements to remind customers to follow physical distancing guidelines

### Specific Guidance for Grocery & Pharmacy

- Separate order and delivery areas to keep customers from waiting too long in confined areas together
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- Only make bulk items available if they are individually packaged
- Do not allow individuals to bring their own bags, mugs, or other reusable items from home
- If possible, waive prescription delivery fees

### Industry open with precautions for staff and guests as outlined in general guidelines

- Follow all employer guidelines outlined on page 11
- Face coverings worn in settings where other social distancing measures are difficult to maintain
- Maintain signage to remind groups to follow social distancing guidelines and avoid congregating in common areas
- Digital check-in and checkout encouraged
- Symptomatic guests should stay in their room and wear a face covering anytime they leave the room
- Consider designating one staff member to attend to sick guests
- Launder all exposed linens and cleaning supplies separately

## Low Risk

- If possible, waive prescription delivery fees for high-risk individuals

## New Normal Risk

- Industry open with precautions for staff and guests as outlined in general guidelines
  
  - Follow all employer guidelines outlined on page 11
### Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

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<tr>
<td><strong>In-person operation of this industry is allowable under increased cleaning regimen and operational protocols in place to ensure safe distancing restrictions are met</strong></td>
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<td><strong>In-person operation of this industry is allowable for large groups. Mass gatherings follow proper safety procedures and precautions for monitoring symptoms</strong></td>
</tr>
<tr>
<td>- Consider designating one staff member to attend to sick guests.</td>
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<tr>
<td>- Guest room cleaning should include a complete change of towels, linens, bedding, and guest consumable items while all hard surfaces and high-touch areas are completely disinfected with an EPA-registered chemical disinfectant.</td>
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<td>- When possible, rooms should remain vacant for 48 hours after check-out and prior to cleaning.</td>
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<td>- Food should be served in a takeout-style (grab and go) manner; no buffet-style dining.</td>
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<td>- Provide guests with their own sanitation solutions or wipes to instill guest confidence (e.g., alcohol wipes for remote controls or shared surfaces).</td>
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</tr>
<tr>
<td>- Spectators encouraged to attend remotely.</td>
<td>- Spectators encouraged to attend remotely.</td>
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<td>- Spectators encouraged to attend remotely.</td>
</tr>
<tr>
<td>- A 10-foot distance must be maintained between household groups at all times including while seated.</td>
<td>- A 10-foot distance must be maintained between household groups at all times including while seated.</td>
<td>- A 10-foot distance must be maintained between household groups at all times including while seated.</td>
<td>- A 10-foot distance must be maintained between household groups at all times including while seated.</td>
</tr>
<tr>
<td>- For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats (demonstrated on digital seat map) to ensure safe radius.</td>
<td>- For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats (demonstrated on digital seat map) to ensure safe radius.</td>
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</tr>
<tr>
<td>- Set an established window time for high-risk groups to come in without pressure from crowds and/or separate entrances and queues.</td>
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</tr>
<tr>
<td>- Limit the number of people in a confined area to enable adequate distancing at all times.</td>
<td>- Limit the number of people in a confined area to enable adequate distancing at all times.</td>
<td>- Limit the number of people in a confined area to enable adequate distancing at all times.</td>
<td>- Limit the number of people in a confined area to enable adequate distancing at all times.</td>
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<tr>
<td>Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation</td>
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</tr>
<tr>
<td><strong>High Risk</strong></td>
<td><strong>Moderate Risk</strong></td>
<td><strong>Low Risk</strong></td>
<td><strong>New Normal Risk</strong></td>
</tr>
<tr>
<td>• Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens)</td>
<td>(demonstrated on digital seat map) to ensure safe radius</td>
<td>• A 6-foot distance must be maintained between household groups at all times including while seated</td>
<td></td>
</tr>
<tr>
<td>• Congregating at any point is not allowed</td>
<td>• Set an established window time for high-risk groups to come in without pressure from crowds and/or separate entrances and queues</td>
<td>• For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats (demonstrated on digital seat map) to ensure safe radius</td>
<td></td>
</tr>
<tr>
<td>• Encourage contactless payment; disinfect between transactions and comply with other retail recommendations</td>
<td>• Limit the number of people in a confined area to enable adequate distancing at all times</td>
<td>• Set an established window time for high-risk groups to come in without pressure from crowds and/or separate entrances and queues</td>
<td></td>
</tr>
<tr>
<td>• Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible</td>
<td>• Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens)</td>
<td>• Limit the number of people in a confined area to enable adequate distancing at all times</td>
<td></td>
</tr>
<tr>
<td>• Electronic tickets and playbills encouraged in place of paper</td>
<td>• Congregating at any point is not allowed</td>
<td>• Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens)</td>
<td></td>
</tr>
<tr>
<td><strong>Concessions:</strong></td>
<td>• Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations</td>
<td>• Congregating at any point is not allowed</td>
<td></td>
</tr>
<tr>
<td>• Serving and seating protocols consistent with restaurant guidance</td>
<td>• Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible</td>
<td>• Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations</td>
<td></td>
</tr>
<tr>
<td>• Maintain 6-foot distancing for all lines</td>
<td>• Dedicated staff for sanitizing high-touch areas</td>
<td>• To the extent reasonable, serve grab-and-go food items</td>
<td></td>
</tr>
<tr>
<td>• Encourage contactless payment</td>
<td>Any concessions/restaurant seating is compliant with restaurant dine-in recommendations</td>
<td>• Any concessions/restaurant seating is compliant with restaurant dine-in recommendations</td>
<td></td>
</tr>
<tr>
<td>• To the extent reasonable, serve grab-and-go food items</td>
<td><strong>Concessions:</strong></td>
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<td></td>
</tr>
<tr>
<td>High Risk</td>
<td>Moderate Risk</td>
<td>Low Risk</td>
<td>New Normal Risk</td>
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</tr>
</tbody>
</table>
| **Personal Services (including barbers, cosmetologists, body artists, nail technicians, massage therapists, tanning, etc.)**  
Extreme limitations of this industry  
- Follow all employer guidelines outlined on page 11  
- Business that rely on close human interaction encouraged not to stay open  
- Symptom checking (checklist or verbal), including temperature checks when feasible in all interactions  
- Face coverings worn by both service provider and client  
  
Industry open under strict hygiene protocols.  
Service provider and customer wear face coverings.  
Meticulous monitoring of symptoms  
- Follow all employer guidelines outlined on page 11  
- Both service provider and client wear face coverings. Exception given for clients when mask interferes with service  
- Symptom checking (checklist or verbal), including temperature checks when feasible, of all staff at the beginning of each shift, with a log that can be made available for inspection by health department  
- Customers must have their symptoms checked before services are rendered  
- Appointments scheduled with enough time allowed to disinfect all procedure surfaces between services  
- Service provider maintains log of appointments with customer contact information to assist with contact tracing efforts  
- When services are not being directly provided, 6 feet of physical distance must be maintained. This includes waiting areas and between clients at all times  
- Contactless payment encouraged; financial equipment disinfected after each transaction  
  
Industry open under strict hygiene protocols.  
Service provider and customer wear face coverings.  
Meticulous monitoring of symptoms  
- Follow all employer guidelines outlined on page 11  
- Both service provider and client wear face coverings. Exception given for clients when mask interferes with service  
- Symptom checking (checklist or verbal), including temperature checks when feasible, of all staff at the beginning of each shift, with a log that can be made available for inspection by health department  
- Screen clients upon entering the facility with a questionnaire asking about symptoms, travel, and any sicknesses in the home  
- Procedure/service area surfaces are disinfected between each client  
- Appointments scheduled with enough time allowed to disinfect all procedure surfaces between services  
- Service provider maintains log of appointments with customer contact information to assist with contact tracing efforts  
- When services are not being directly provided, 6 feet of physical distance must be maintained. This includes in waiting areas and between clients at all times  
- Contactless payment encouraged; financial equipment disinfected after each transaction  
  
Industry open with strict hygiene regimen and symptom monitoring  
- Follow all employer guidelines outlined on page 11  
  
**Home Repair**  
Operates under the General Guidelines for Employers. **Strict hygiene**  
- Follow all employer guidelines outlined on page 11  
- Inquire if homes have symptomatic individuals and exercise caution  
- Monitor symptoms of employees  
- Wash or sanitize hands before and after leaving a home  
  
Operates under the General Guidelines for Employers. **Strict hygiene**  
- Follow all employer guidelines outlined on page 11  
- Inquire if homes have symptomatic individuals and exercise caution  
- Monitor symptoms of employees  
- Wash or sanitize hands before and after leaving a home  
  
Operates under the General Guidelines for Employers. **Strict hygiene**  
- Follow all employer guidelines outlined on page 11  
- Inquire if homes have symptomatic individuals and exercise caution  
- Monitor symptoms of employees  
- Wash or sanitize hands before and after leaving a home  
  
Operates under the General Guidelines for Employers. **Increased hygiene**  
- Follow all employer guidelines outlined on page 11  
- Same as high-risk column, except that employers do not need to actively monitor symptoms; employees self-report
### High Risk
- Wear face coverings and gloves, changing between each site
- Disinfect tools after each site
- Share estimates, invoices, and other documentation electronically

### Moderate Risk
- Wear face coverings and gloves, changing between each site
- Disinfect tools after each site
- Share estimates, invoices, and other documentation electronically

### Low Risk
- Wear face coverings and gloves, changing between each site
- Disinfect tools after each site
- Share estimates, invoices, and other documentation electronically

### New Normal Risk
- Wear face coverings and gloves, changing between each site
- Disinfect tools after each site
- Share estimates, invoices, and other documentation electronically

<table>
<thead>
<tr>
<th>Gyms &amp; Fitness Centers (including indoor recreation centers, yoga studios, dance, tumbling, indoor sports, etc.)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fitness centers and gyms are closed</strong></td>
<td><strong>Recommended closure of fitness centers and gyms; if open, fitness centers and gyms should follow strict distancing and cleaning guidance</strong></td>
</tr>
<tr>
<td>- Follow all employer guidelines outlined on page 11</td>
<td>- Follow all employer guidelines outlined on page 11</td>
</tr>
<tr>
<td>- Employees must go through symptom checking before every shift (checklist or verbal), including temperature checks when feasible. Log must be kept and available for inspection by health department</td>
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</tr>
<tr>
<td>- Screen patrons upon entering the facility with a questionnaire asking about symptoms, travel, and any sicknesses in the home</td>
<td>- Screen patrons prior to each competition or practice (checklist or verbal), including temperature checks when feasible</td>
</tr>
<tr>
<td>- Employees must wear face coverings; patrons encouraged to wear face coverings whenever possible</td>
<td>- Employees working within 6 feet of patrons must wear face coverings</td>
</tr>
<tr>
<td>- Patrons of different households must maintain 10 feet of distance at all times (limit the number of patrons in the gym or class, space or close off equipment accordingly)</td>
<td>- Patrons of different households must maintain 6 feet of distance when feasible; this may be increased based on data and milestone trends. Limit the number of patrons, space or close off equipment accordingly</td>
</tr>
<tr>
<td>- Do not engage in sporting activities requiring teammates or opponents to be closer than 10’ from one another</td>
<td>- Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when social distancing is not feasible</td>
</tr>
<tr>
<td>- Skills development and conditioning activities are allowable under social distancing guidelines</td>
<td>- Make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use</td>
</tr>
<tr>
<td>- Staff must disinfect all equipment after each use</td>
<td>- Follow pool guidance on page 9</td>
</tr>
<tr>
<td>- No sign-in sheets, touchpads, or touch surfaces required for entry</td>
<td></td>
</tr>
<tr>
<td>- High-risk individuals discouraged from using facilities at this time</td>
<td></td>
</tr>
<tr>
<td>- Follow pool guidance on page 9</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fitness centers and gyms are open with some distancing and cleaning guidance</th>
<th>Fitness centers and gyms are open with cleaning guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Follow all employer guidelines outlined on page 11</td>
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</tr>
<tr>
<td>- Employers must go through symptom checking before every shift (checklist or verbal), including temperature checks when feasible. Log must be kept and available for inspection by health department</td>
<td>- Space equipment at normal capacity</td>
</tr>
<tr>
<td>- Symptom checking of participants prior to each competition or practice (checklist or verbal), including temperature checks when feasible</td>
<td>- Make cleaning supplies available throughout the establishment and post signs encouraging patrons to clean all equipment</td>
</tr>
<tr>
<td>- Limit spectators so social distancing guidelines can be adhered to</td>
<td></td>
</tr>
<tr>
<td>- Employers working within 6 feet of patrons must wear face coverings</td>
<td></td>
</tr>
<tr>
<td>- Patrons of different households must maintain 6 feet of distance when feasible; this may be increased based on data and milestone trends. Limit the number of patrons, space or close off equipment accordingly</td>
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<td>- Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when social distancing is not feasible</td>
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<td>- Make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use</td>
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<td>- Follow pool guidance on page 9</td>
<td></td>
</tr>
</tbody>
</table>
Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

<table>
<thead>
<tr>
<th>Construction, General Contractors &amp; Manufacturing</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions</strong></td>
<td><strong>Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions</strong></td>
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<td>• Follow all employer guidelines outlined on page 11</td>
<td>on page 11</td>
</tr>
<tr>
<td>• Ensure nobody with symptoms enters a job site</td>
<td>• Ensure nobody with symptoms enters a job site</td>
<td>• Ensure nobody with symptoms enters a job site</td>
<td>• Ensure nobody with symptoms enters a job site</td>
<td></td>
</tr>
<tr>
<td>• Provide additional hand washing stations; wash or sanitize hands before and after leaving a site</td>
<td>• Provide additional hand washing stations; wash or sanitize hands before and after leaving a site</td>
<td>• Provide additional hand washing stations; wash or sanitize hands before and after leaving a site</td>
<td>• Provide additional hand washing stations; wash or sanitize hands before and after leaving a site</td>
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</tr>
<tr>
<td>• Wear face coverings and gloves</td>
<td>• Wear face coverings and gloves</td>
<td>• Wear face coverings and gloves</td>
<td>• Wear face coverings and gloves</td>
<td></td>
</tr>
<tr>
<td>• Clean and disinfect project sites, including high-touch surfaces and tools frequently</td>
<td>• Clean and disinfect project sites, including high-touch surfaces and tools frequently</td>
<td>• Clean and disinfect project sites, including high-touch surfaces and tools frequently</td>
<td>• Clean and disinfect project sites, including high-touch surfaces and tools frequently</td>
<td></td>
</tr>
<tr>
<td>• Share estimates, invoices, and other documentation electronically</td>
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<td>• Share estimates, invoices, and other documentation electronically</td>
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<td>• Follow all employer guidelines outlined on page 11</td>
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</tr>
<tr>
<td>• Enhanced cleaning and disinfecting</td>
<td>• Enhanced cleaning and disinfecting</td>
<td>• Enhanced cleaning and disinfecting</td>
<td>• Enhanced cleaning and disinfecting</td>
<td></td>
</tr>
<tr>
<td>• Encourage children to be 6 feet apart as much as possible</td>
<td>• Encourage children to be 6 feet apart as much as possible</td>
<td>• Encourage children to be 6 feet apart as much as possible</td>
<td>• Encourage children to be 6 feet apart as much as possible</td>
<td></td>
</tr>
<tr>
<td>• Groups must be restricted to groups of 10 unless a wall can physically separate each group</td>
<td>• Groups must be restricted to groups of 20</td>
<td>• Groups must be restricted to groups of 20</td>
<td>• Groups must be restricted to groups of 20</td>
<td></td>
</tr>
<tr>
<td>• For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity</td>
<td>• For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity</td>
<td>• For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity</td>
<td>• For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity</td>
<td></td>
</tr>
<tr>
<td>• Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</td>
<td>• Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</td>
<td>• Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</td>
<td>• Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</td>
<td></td>
</tr>
<tr>
<td>• Curbside drop off and pick up</td>
<td>• Curbside drop off and pick up</td>
<td>• Curbside drop off and pick up</td>
<td>• Curbside drop off and pick up</td>
<td></td>
</tr>
<tr>
<td>• All individuals must wash hands with soap and running water upon arrival</td>
<td>• All individuals must wash hands with soap and running water upon arrival</td>
<td>• All individuals must wash hands with soap and running water upon arrival</td>
<td>• All individuals must wash hands with soap and running water upon arrival</td>
<td></td>
</tr>
<tr>
<td>• Don’t use toys that can’t be washed and disinfected</td>
<td>• Don’t use toys that can’t be washed and disinfected</td>
<td>• Don’t use toys that can’t be washed and disinfected</td>
<td>• Don’t use toys that can’t be washed and disinfected</td>
<td></td>
</tr>
<tr>
<td>• Children and staff should stay home if they’re sick</td>
<td>• Children and staff should stay home if they’re sick</td>
<td>• Children and staff should stay home if they’re sick</td>
<td>• Children and staff should stay home if they’re sick</td>
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</tbody>
</table>

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### Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• All high-touch surfaces should be cleaned and disinfected after each use (e.g., toys, keyboards, desks, remote controls)</td>
<td>• All high-touch surfaces should be cleaned and disinfected after each use (e.g., toys, keyboards, desks, remote controls)</td>
<td>• The provider must restrict offsite activities to places or environments where social distance and proper cleaning practices can be controlled</td>
<td>• When handling food, follow guidelines in Appendix A</td>
</tr>
<tr>
<td>• When handling food, follow guidelines in Appendix A</td>
<td></td>
<td>• When handling food, follow guidelines in Appendix A</td>
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</tbody>
</table>
## Healthcare-Specific Guidelines

<table>
<thead>
<tr>
<th></th>
<th>High Risk</th>
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<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hospital Settings and Ambulatory Surgical Facilities</strong></td>
<td>Each hospital and ambulatory surgical center operating in Utah shall follow the protocols developed by the Utah Hospital Association in consultation with the Utah Department of Health, titled &quot;Utah Hospital Roadmap for Resuming Elective Procedures 2.0&quot;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Non-hospital Setting, including Dentistry</strong></td>
<td>Adhere to all protocols set forth in the following state public health order: <a href="https://coronavirus-download.utah.gov/Health/state%20public%20health%20order.20.04.21.pdf">https://coronavirus-download.utah.gov/Health/state%20public%20health%20order.20.04.21.pdf</a></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Best Practices for Employers

- Those who are, or work with, high-risk populations, should undergo daily screening/symptom monitoring, and be tested if they begin to experience COVID-19 symptoms. High-risk populations should take extra precautions to avoid close contact with multiple people.
- Use online conferencing, email, or telephone in place of in-person meetings, even when people are in the same building.
- Employees and customers should not congregate in groups; if your business involves a waiting area, customers should wait outside or in their cars.
- Encourage contactless pay options if possible; otherwise immediately disinfect transaction equipment.
- Make regular announcements to remind employees and customers to follow distancing guidelines. Use floor markings to mark appropriate physical distance where appropriate.
- Encourage digital files rather than paper formats (e.g., documentation, invoices, inspections, forms, agendas).
- Consider what reserve supplies may be necessary to obtain (e.g., cleaning supplies, gloves or other protective equipment).
- Consider the possibility of interruptions to water or power that might force closure.
- Establish and maintain open dialogue with local communities, including key vendors and suppliers, exploring contingencies and sharing appropriate decisions about foodservice, transportation, and other services.
- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact in the workplace.
- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact in the workplace.
- If relevant, update emergency communication plan with key contacts and backups, chain of communications, and processes for tracking and communicating; share the response plan with employees and communicate expectations.
- Ensure every employee’s contact information and emergency contact details are up to date; ensure a plan is in place to reach employees quickly.
- Educate workforce about the threat of the COVID-19 pandemic, what the business is doing, and what they should do to protect themselves and their families.
- Prepare for absenteeism—not only sick employees will stay home; others may need to care for the sick or children if schools close; those employees should notify their supervisors.
- Provide signage at each public entrance to inform all employees and customers that they should:
  - Avoid entering if they have a fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste, or feel generally unwell.
  - Maintain a minimum 6-foot distance.
  - Sneeze/cough into cloth, tissue, elbow or sleeve (not hands).
  - Avoid hand shaking or unnecessary physical contact.
  - Wash hands often, and for at least 20 seconds.
  - Wear face coverings.

Cleaning & Hygiene Guidelines for Employers

- Promote etiquette for coughing, sneezing, and handwashing; avoid touching face, especially eyes, nose, and mouth; place posters that encourage hand and respiratory hygiene.
- Face coverings should be worn by employees and patrons, especially when difficult or impossible to maintain 6-foot distance.
- Ensure adequate air circulation and post tips on how to stop the spread of germs.
- When possible, discourage sharing of work tools and equipment.
- Make a list of high-touch surfaces requiring routine disinfecting and perform routine environmental cleaning (e.g., elevator buttons, workstations, countertops, handrails, doorknobs, breakrooms, bathrooms, common areas), either twice a day or after each use. Keep a logbook of cleaning regimen. Those cleaning should:
  - Wear gloves.
  - Prior to disinfecting, clean surfaces with soap and water if soiled.
  - Use EPA-approved disinfectant, industrial cleaner, diluted bleach, or alcohol solutions.
- Provide disposable disinfecting wipes for employee use on high-touch surfaces; provide no-touch trash bins.
- Laundry: wear gloves, use warmest appropriate water setting, dry items completely, do not shake dirty laundry, launder items that have come in contact with COVID-19 separately.
- Make hand sanitizer, soap and water, or effective disinfectant readily available. Provide pop-up handwashing stations or facilities where necessary (e.g. open houses, construction sites).
- Personal Protection Equipment (PPE) should not be shared and should be disposed of properly.
- After using gloves, employees should wash their hands.

Employers Monitoring Symptoms

- Employees who are sick or who appear to have COVID-19 symptoms should be separated from other employees/customers immediately and sent home; immediately clean and disinfect areas the sick employee visited.
- Train managers/leadership to spot symptoms of COVID-19 and to be clear on relevant protocols.
- Monitor employee symptoms, especially fever (100.4 degrees Fahrenheit/38 degrees Celsius, or above). If employees take simple medications such as acetaminophen, ibuprofen, or aspirin, they should take temperature beforehand.
- Do not allow employees to come to work if they feel sick; create or maintain non-punitive leave policies so employees do not feel pressured to come to work if they are sick. Remind employees to report any illness to a manager, especially if sick with fever, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste.
- If an employee is confirmed COVID-19 positive, employers should inform close contact employees while maintaining confidentiality; close contact employees should self-monitor for symptoms for 14 days.

9 Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains.
Appendix A: Guidelines for Dine-in Restaurants Open in Moderate and Low Risk

Operational Practice

- Limit tables to groups of 10, preferably members of the same household
- Groups of patrons at a table must maintain a distance of 6 feet from patrons of other parties at all times. Either move tables or mark off tables not to be used
- In waiting areas, a 6-foot distance must be maintained between parties, whether indoor or outdoor
- Maintain signage to remind individuals from separate parties to stand at least 6 feet apart; waiting area has floor markers to indicate proper spacing
- Hosts preferably open doors for customers and guide them to their seats to prevent traffic or congregating; hand sanitizer available at door
- Recommendation that upon entry, hosts point guests to signage that includes the following information:
  - Outlines symptoms\(^2\) and encourages that if the patron, or someone they live with, has experienced COVID-19 symptoms, to please order takeout instead
  - Recommendation for high-risk individuals\(^1\) to order takeout/delivery instead of dining in for the protection of that individual
- Manager checks each employee for symptoms before every shift and asks if any member of the employee’s household has tested positive for COVID-19 in the past 14 days. Log must be kept and available for inspection by the local health officer or designee
- Staff must wear face coverings at all times and perform hand hygiene between interactions with each table
- Cups, lids, napkins and straws must be handed directly to customers by staff
- Do not place utensils on table until patron is seated
- Encourage contactless and non-signature payment; when not possible, card and payment stations must be sanitized after each use. Staff must sanitize hands between handling payment options and food/containers
- Staff avoid touching items that have been placed on the table (menus, plates, utensils, pens, cups, etc.). The table will be cleared by a dedicated staff member once all guests have left
- Dedicated staff member sanitizes the area occupied by customers upon departure including tables, menus, pens, salt and pepper shakers, etc. and conducts sanitization of high-touch surfaces throughout the day as needed
- Consider use of disposable items if necessary
- The restaurant may not operate if PPE, EPA-approved disinfectants and sanitizers, soap, and other necessary cleaning supplies are not available; sanitizer is effective against COVID-19. Chlorine (bleach) at 100-200 ppm is recommended
- Hand sanitizer must be available immediately adjacent to bathrooms
- Close restaurant for cleaning and disinfecting in the morning and evening. Cleaning and disinfecting includes all tables, chairs, door handles, floors, bathrooms, and any high-touch surfaces
- Buffet and self-serve restaurants will provide utensils, cups, plates and other service items only from the counter where food is ordered. None of these items will be accessible to the public. Buffet style restaurants will provide servers who will serve the meals from buffet to limit exposure
- Stagger workstations so employees are not facing one another and are 6 feet apart unless barriers are used, or face coverings are worn
- To-go boxes, pizza boxes, paper cups, and any other paper product that touches food must be treated as food
- Staff must use gloves when handling ready-to-eat foods (including ice). Gloves are not required when handling foods that have yet to be cooked
- Indoor playgrounds in restaurants remain closed

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\(^2\)Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains

\(^1\)High-risk individuals are defined as people 65 years and older, people who live in a nursing home or long-term care facility, people of all ages with underlying medical conditions, including lung disease or moderate to severe asthma, people who have serious heart conditions, people who are immunocompromised (many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications), people with severe obesity, diabetes, chronic kidney disease undergoing dialysis, or liver disease
Appendix B: Considerations for Faith Groups Returning to In-Person Religious Services

Governor Herbert recognizes the importance of faith groups during these difficult times. Under the Orange (Moderate Risk) and Yellow (Low Risk) Utah COVID-19 Health Risk Status Phased Guidelines, faith groups are able to hold in-person religious services of any size as long as a distance of at least six feet is maintained between household groups. This six-foot distance requirement is the only limit imposed by the Phased Guidelines on the number of people permitted to participate in an in-person religious service.

The following are provided as considerations for faith groups and individuals returning to in-person religious services. These considerations were prepared in consultation with a working group of faith leaders representing the rich diversity of faiths in Utah. These considerations are also consistent with ongoing messaging from the Utah Department of Health and are consistent with the best available medical science.

These considerations are not binding on any faith group and should not be construed as an attempt to regulate religious practices. They are provided as information so that individuals can make decisions to protect themselves and others from COVID-19. Each faith group will decide for itself when to resume in-person religious services.

- Consideration for high-risk individuals:
  - Limit participation in any in-person gatherings, including religious services, of any number of people outside your household group.
  - High-risk individuals include those:
    - aged 65 and older;
    - who live in a nursing home or long-term care facility;
    - with chronic lung disease or moderate to severe asthma;
    - who have a serious heart condition;
    - who are immunocompromised, including:
      - individuals who have recently received cancer treatment, bone marrow transplantation, or organ transplantation;
      - individuals living with HIV or AIDS; and
      - individuals who have experienced prolonged use of corticosteroids or other immune weakening medications;
    - with severe obesity (BMI of 40 or higher);
    - with underlying medical conditions, particularly if not well controlled, including diabetes, renal failure, or liver disease;
    - who smoke; or
    - with hypertension.

- Considerations for all individuals participating in an in-person religious service:
  - Wear a face mask when you cannot maintain a distance of six feet from other individuals from a different household.
  - Do not shake hands with, or otherwise touch, an individual who is not a member of your household group.
  - Avoid high-touch surfaces.
  - Disinfect high touch surfaces frequently.
  - Wash your hands frequently.
  - Wear a face mask and wear gloves or sanitize hands when preparing food to be consumed by individuals from a different household.
  - Avoid group meals that are not part of the religious service.

- Considerations for faith group leaders organizing an in-person religious service:
  - Implement measures to prevent individuals from congregating in lobbies or meeting areas where a 6-foot distance between household groups is difficult to maintain.
  - Post signage to remind individuals to maintain social distancing when in common areas.
  - Set an established window of time or provide separate entrances for high-risk individuals to enter and exit without pressure from crowds.
  - Provide multiple meeting schedules to accommodate smaller gatherings where social distancing guidelines can be followed.
  - Provide streamed services to households that prefer to participate virtually.
UT Wing Cadet Programs Email

From: UT Wing Director of Cadet Programs
To: Unit CC’s and Cadet Program Officers
Subject: Phase 1 Opening Cadet Programs

All,

This message is for all Utah Wing squadrons about phase one reopening for cadet programs. As you know, during this first phase there are to be no more than ten people in a gathering. That being said, during this first phase, we should optimize participation, while limiting the meetings/gatherings for planning purposes. Squadron Commanders, DCPs and necessary Cadet Staff - such as Cadet Commanders and Flight Officers ( Sergeants as allowed) must assure that all group gatherings will need to follow the CDCs recommendations for social distancing and handwashing. Also, if personnel are feeling ill, they must stay home. Remote attendance is always an option.

this first phase, perhaps we can ease into greater cadet gatherings. One option is to assign flights of 10 members to attend alternate meeting weeks. For example, first week Alpha Flight and so on. This way we can ease the cadets back into the meetings and still comply with how many people can safely gather together at a meeting.

See the attached template document, “Cadet Programs Health and Safety Plan template for UT Units,” and adapt the information to your unit.

Please respond with your plans for Phase 1 reopening after 1 July 2020.
Thank you for everything you do.
Respectfully,

UTWG Director of Cadet Programs
UTWG Director of Recruiting and Retention
LETTER OF INFORMATION FOR: Members, volunteers, and family of Utah Wing

FROM: Squadron Commander

SUBJECT: Utah Wing COVID-19 Reopening Safety Plan

Members, volunteers, and family members of Utah Wing,

First, we would like to thank all of you for your patience and understanding of the safety precautions we must take, and we hope you and your families are well at this time. As you all know, the safety of our members and volunteers is our top priority.

While many of the wings in the nation are still on strict lockdowns, Utah Wing is beginning the three phase process of reopening. State, county, and city guidelines are being vigilantly watched for each squadron’s area. Each squadron will be encouraged to take specific measures to keep our members safe, such as the following: no gatherings greater than 10 people, each member must wear a mask, temperature checks before arrival and before entrance into a building, etc. Members also may be asked about any flu or virus-related symptoms prior to arrival at a meeting. If members show any symptoms, they may be asked not to attend the meeting for the safety of themselves and others. Phase I does not allow large-group regular meetings as we are still limited to 10 people and social distancing but small groups of training or planning are allowed.

As our team and local squadrons press on and plan for the reopening of our Wing, please understand that we may progress to further stages or digress depending on the information from our local health department. Please keep in mind these guidelines are subject to change based on the updates of our local health officials. If you are still uncomfortable attending or allowing your cadet to attend training activities, we understand and none are mandatory.

We thank you for your patience and understanding. It is important through these less-than-ideal times, that we remain strong and dedicated to our duties. We can stay connected and maintain a strong Utah Wing family.

V/R

Squadron Commander
PHASE 1 HEALTH AND SAFETY PLAN
[SQUADRON NAME]
UT-[unit designator number]

Unit Commander: [CC Name]

Place: [Unit Meeting Place Name], [City], UT

Time: Thursday Nights 6:30 -9:00 pm, Beginning July 2, 2020

Objective: To create productive Cadet meetings, while maintaining excellent personal and workspace hygiene, and implementing safe procedures for the prevention of illness and accidents

CAP Vehicle Use:

We typically transport 4-10 Cadets to our squadron meeting using a CAP Van. This is where we will begin our meeting plan. All Cadets and Senior Members riding in the van must wear a mask. Prior to van use, there is usually an inspection. It will now include a thorough cleaning of all touch surfaces with a germicidal agent, such as wipes or Lysol, prior to use, and post-use. Each person riding in the van will need to apply hand sanitizer prior to getting in the van. We will have to limit the number of Cadets that can ride in the van to two (2) cadets in a four-person seat, separated. And one (1) Cadet in each three-man seat, as well as one person per front passenger seat. This limits the 12-passenger van to six persons total. If weather allows, it is encouraged that the van be driven with the windows down for better air exchange. To facilitate the limited seating in the van, we will now require Cadets to “reserve” their seat in the van 24 hours in advance.

Organization of Cadets within the meeting:

All Cadets and Senior Members will wear a mask. Cadets will be divided into their flights, six to seven cadets within the flight, flight sergeant, flight commander, and one Senior Member Tac Officer. The flights will have separate opening and closing formations, Meeting rooms, flight areas, and drill areas. We meet in a large building which will help facilitate this. Cadet Command Staff and Senior Staff who are not in TAC positions will be focused on boards, organization, and planning in a separate room. We will use cell phones or radios for good communication between flights, so that we don’t end up in the same place at the same time, and so that boards and other work can get done. The safety officer will monitor all groups from a distance, assuring that they are adhering to social distancing and safety guidelines.

Command Staff: All pre- and post- Cadet Staff meetings will be conducted on Hang Outs (or other appropriate group social media forum) the day before and after, rather than gathering in person.
Facility: Cadet Staff and Seniors will come one-half (½) hour early to clean high touch surfaces, such as door handles, railings, desks, and chairs. Hand Sanitizer will be given to each flight sergeant to carry with him or her for the flight, as well as located at the front door of the facility. Flight Sergeant and Flight Commanders will greet their assigned Cadets at the edge of the parking lot and take their Cadets to the assigned space for their flight’s opening formation. The class of the evening, flight time, and hands-on activities will be taught in round-robin fashion, with the teacher, not the students moving to the room where the next flight awaits. Any equipment used by a flight must be cleaned when they have finished using it (flags, sports equipment, pens/ pencils etc.), so that the equipment is ready for the next group.

We will no longer have battle buddies going to the restroom. We trust in the ability of our cadets to go there and back without assistance. No drinking fountains will be used. Cadets will be asked to bring water, and we will have bottled water available.

Seating: All Cadets should have 6 feet distance between them when seated for classes. We have large facilities that should allow our flights to spread out like this. It will likely mean two seats between each cadet or senior member.

We will use the main classroom, the projector classroom, the gym, the grass, and the parking lot to create large space between our cadets.

Boards will be set up in the gym. Two tables and four chairs, all with appropriate space between them.

When awarding promotions and recognitions, the cadets will be called up front and recognized and the new ranks given to them later. There will be no pinning on at this point. Pictures will be encouraged. Parents may watch from 30 feet away if the formation is outdoors.

Hands on activities will have to be limited, for now, to activities that allow for good social distancing, such as the mine field game, geocaching in socially distanced pairs, or paper airplane competitions or other activities that do not require close contact.

Our squadron is looking into having masks made that are uniform in color and make, so that we maintain professionalism.

When weather permits, we will hold as much of our flight meetings outdoors as possible.
Purpose: Provide a template for CAP Health Services Officers (or their designee) to conduct temperature screening operations for the protection of the force to identify individuals who are potentially ill and should not be allowed into a CAP activity. **Note:** this is a voluntary screening, but failure to conduct a screening may result in non-entry to the work site. Screeners may only be senior members.

I. **Authorities:** The U.S. Centers for Disease Control and Prevention (CDC) has recommended that temperature checks may be instituted in some areas where there have been acute COVID-19 outbreaks, per [https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html](https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html).

II. **Essential Equipment (see attachment A)**

   A. Minimum of: (1) table and (1) chair and (1) place for a sign
   
   B. Two paper Stop signs (Attachment B)
   
   C. One paper “Instructions” sign (Attachment C)
   
   D. One paper “Look here” sign (Attachment D)
   
   E. No touch thermometer (2)
   
   F. Pass marker system (colored dots, tags, markers, wristbands, etc.)
   
   G. Hand sanitizer
   
   H. EPA approved sanitizing solution and wipes for equipment, chair, and table cleaning
   
   I. Instruction card for a person who does not meet the standard for the recheck (Attachment E).
   
   J. Clock or timer that can measure 5-minutes
   
   K. Appropriately sized examination gloves (wash hands after duty is completed).
   
   L. Face covering for temperature taker

III. **Competency**
A. Thermometer screener will review the manufacturer’s instructions and a supervisor will review the protocol below with the temperature screener and be shown proficiency with the protocol.

IV. Voluntary Screening Protocol

A. Set-Up: Establish screening area using table and chairs at a set distance apart. Place a marker halfway between and perpendicular to the location where the person is being screened so they can look at the item when being screened and if they cough, the cough will not be in the screener’s direction. When possible, remove cover/hat and have person being screened remain in room temperature environment for ten minutes before screening. Ensure people awaiting screening maintain 6-foot social distancing.

B. Greeting: Upon approach of personnel, ask two initial statements to the individual:

1) “Hello, we are screening people for elevated temperatures and COVID symptoms.”
2) “How are you feeling today?”
   a. If the person is feeling ill, inform them that they should not participate today and ask the person to leave the screening area.
   b. If the person states that they are feeling well, proceed to temperature check and invite the person to voluntarily be screened for fever.

C. Temperature Check: Take the person’s temperature using the “no touch thermometer” with the table as a barrier between the temperature-taker and the person. A temperature at or above 100.4°F is the CDC recognized point where there is a fever.

   1. If the temperature is less than 100.4°F, place a colored indicator on the persons ID Badge and welcome the person to enter.
   2. If the temperature is greater than or equal to 100.4°F, have the person wait in the secondary waiting area for five (5) minutes before rechecking the temperature.

D. Temperature Recheck: After five (5) minutes, recheck the person’s temperature reading.

   1. If the temperature is now less than 100.4°F, place a colored indicator on the persons ID Badge and welcome the person to enter.
   2. If the temperature is still greater than or equal to 100.4°F, the temperature taker will explain that the person is being recommended for non-entry and provide them with the temperature at or above 100.4 °F Card (attachment E).
3. **Note:** Person may elect to speak with the local unit commander, activity director, incident command, or health service officer for an appeal or for more information.
Attachment A: Essential Equipment Recommended Set-up

1. Person stops at first stop sign and the screener states “Hello, we are screening people for elevated temperatures and respiratory symptoms” and then asks “How are you feeling today?” (Attachment B).
2. Person is invited to walk to the second stop sign (Attachment B).
3. Person is instructed that this is a voluntary temperature screening (Attachment C).
4. Person is asked to look at the “Look here” sign (Attachment D).
5. Only once the person looks to the side will the temperature taker advance to the table.
6. The person’s temperature will be taken, while they continue to look at the “Look here” sign.
7. If the person’s temperature is less than 100.4° F, they are invited to enter the building, while if the temperature is greater than or equal to 100.4° F, they are asked to have a seat at the waiting chair and have a recheck.
8. If the recheck is greater than 100.4° F, they will be given a card and informed that they are being recommended for non-entry into the building (Attachment E).
Attachment A: Essential Equipment Recommended Set-up (continued)

Once at the second stop sign, Screener will direct the person to look at the sign and only move forward when person turns their face.

If person has temperature <100.4 they will move to the entry.
If person has temperature ≥100.4, they will move to Recheck area.
If after 5-minutes the recheck reveals ≥ 100.4, provide Attachment E

OPR: HS
Attachment B: Stop Sign
Attachment B: Stop Sign (continued)
This is a Voluntary Temperature Check to protect our members. Failure to do so may result in non-entry.
Attachment D: Look Here Please Sign
Attachment E: Recheck Temperature equal to or above (> 100.4°F) card

<table>
<thead>
<tr>
<th>You have been found to have a temperature of at least 100.4°F or above and are being recommended for non-entry into this event/activity. Please contact your healthcare provider and notify them that you had a temperature or are feeling ill. If you have any questions, please contact your supervisor, health service officer, or commander.</th>
<th>You have been found to have a temperature of at least 100.4°F or above and are being recommended for non-entry into this event/activity. Please contact your healthcare provider and notify them that you had a temperature or are feeling ill. If you have any questions, please contact your supervisor, health service officer, or commander.</th>
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Attachment F: Overall Paradigm

1) How are you feeling today?  
   Not feeling well - have them stay at the stop sign, recommend non-entry and explain that the person should contact their supervisor.

2) If feeling well, invite them to second stop sign, turn toward the "Look here" sign and then advance to the table and start the Temperature screening.

   Temperature less than 100.4°F  
   Okay to enter the premises.

   Temperature equal to or greater than 100.4°F.

   Screener will step back from the table and invite the person to move to the retest area.

   5-minute wait period then retest

   Temperature less than 100.4°F.

   Temperature Recheck equal to or greater than more than 100.4°F.

   Recommended for non-entry and provide Attachment E.

   Not enter building

Person may elect to speak with the local unit commander, activity director, incident command, or health service officer for an appeal or for more information.
Attachment G: Sanitization of Chair, Table, and/or Thermometer Process

- Routinely during the Screening Process:
  - Spray table surface with sanitizing solution and wipe/rub for 10 seconds.
  - Wipe thermometer with sanitizing solution or a disinfecting wipe, place on the clean area of the table and wait for it to dry.
  - Spray chair and table legs with sanitizing solution and wipe from top to bottom, then wait to dry.
  - Remove gloves and wash hands with hand sanitizer routinely.

- After Someone Screens with a Temperature (>100.4°F):
  - Spray your gloves with sanitizing solution.
  - Sanitize areas:
    - Spray table surface with sanitizing solution
    - Wipe thermometer with sanitizing solution or a disinfecting wipe, place on the clean area of the table and wait for it to dry.
    - Spray chair and table legs with sanitizing solution and wipe from top to bottom
    - Remove gloves, wash hands with hand sanitizer, reapply a new pair of gloves and then continue.
Civil Air Patrol Guideline for Gatherings

Coronavirus Risk Assessment

Directions: Commanders, Activity Directors, and Incident Commanders (ICs) should perform an initial and routine Coronavirus (COVID-19) risk assessment for gatherings (e.g., meetings, training events, operational missions or conferences) with their safety and health services team. While this guideline provides a generalized risk assessment, each item does not have a weight and leaders must use this tool in concert with the CAPF 160 Deliberate Risk Assessment Worksheet for the activity or Operations Plan and Incident Action Plan for Missions. As a reminder, for most in the U.S., the immediate risk is thought to be low, per the U.S. Centers for Disease Control and Prevention (CDC). This Guideline will expire on April 15, 2020 because of the evolving situation.


<table>
<thead>
<tr>
<th>Continuous cleaning</th>
<th>Cleaning &gt; twice per day</th>
<th>Cleaning twice per day</th>
<th>Cleaning once per day</th>
<th>No</th>
</tr>
</thead>
</table>

RISK #2 SANITATION: Will there be sufficient hand washing stations for participants, hand sanitizer, hand washing facilities for food service workers, planned breaks for hand washing, facial tissues, and several surgical or dust masks (only to be used if someone becomes ill to cover their cough droplets) available for the full task period as well as opportunity planned in the schedule to wash hands or use hand sanitizer? Lastly, will there be ≤10 people present?

Mitigation Strategy – Leaders should procure or direct members to procure soap, water and alcohol-based hand rubs and ensure adequate supplies are maintained. CDC recommends hand sanitizer and sanitizing wipes in commonly used areas to encourage hand hygiene.

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<th>Yes</th>
<th>No</th>
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RISK #3 OPT OUT FOR ILLNESS: Will all attendees be instructed that they may not attend WITHOUT REPERCUSSION, if: feverish, coughing, or having difficulty breathing and turned away from the meeting if they arrive ill?

Mitigation Strategy – Leaders should ensure that attendees will be directly advised not to attend if they have any symptoms consistent with an infectious disease. Direct phone is preferred because symptoms of illness may be more easily identified during a conversation.

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<tr>
<th>Yes, advised via phone</th>
<th>Yes, advised via email</th>
<th>No</th>
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</table>

RISK #4 OBSERVING FOR SYMPTOMS: Will there be one health services officer or designee to instruct and observe for every 9 people attending?:

- Attendees to avoid contact closer than 6-feet with anyone who is ill and properly wash their hands;
- Instruct attendees to self-observe for signs of illness, use cough etiquette, and refrain from touching their face;
- Supervise or perform environmental cleaning and;
- Observe and report to the local Commander any attendee who has signs of illness

Mitigation Strategy – Leaders should ensure that health reminders are regularly briefed to all attendees.

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<tr>
<th>Yes, 1:9 ratio achieved</th>
<th>No</th>
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</table>
Civil Air Patrol Guideline for Gatherings

Coronavirus Risk Assessment

**RISK #5 MORE SEVERE RISK FOR SOME**: Will there be attendees who are older adults (commonly defined as >65 years of age) or those with serious chronic medical needs such as heart conditions, lung conditions, or diabetes at the gathering?

*Mitigation Strategy* – Per U.S. CDC, early information shows that older adults or those with serious chronic medical conditions appear to be at higher risk of becoming seriously ill. They should take *everyday steps to keep space between themselves and others, keep away from others who are sick, limit close contact, wash hands often, avoid crowds as much as possible, avoid non-essential commercial air travel*, and if there is an outbreak in the community, *stay home as much as possible to reduce the risk of exposure.* [https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html](https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html)

As a reminder, no one may discriminate based on age, physical or mental disability, or other protected classes. Instead, work with the member to find a satisfactory position that provides reasonable risk reduction by using the mitigation strategy above*.

<table>
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<tr>
<th>No</th>
<th>Yes, but using strategy above*</th>
<th>Yes</th>
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**MANAGEMENT AND ACCEPTANCE OF RISK**: In the context of the five risks (surface cleaning, human sanitation, opt out for illness, observing for symptoms, and more severe illness for some), what is the criticality of the planned task? – Mission essential tasks or essential tasks are prioritized.

*Mitigation Strategy* – Once leaders determine the overall exposure risks and the increased severity for any elderly or predisposed people who may attend based on activity applications or general knowledge of unit personnel, they should look at the overall need for the gathering or mission. If it is a routine meeting or gathering which is not an emergency or critical to an Air Force assigned mission, then consideration should be given to cancelling the gathering or finding a way to facilitate a virtual meeting or some other method of information exchange.

Health information available to leaders may be limited, but that is ok. It is not necessary or appropriate to ask members to provide detailed health information beyond that already required in health services regulations, [CAPR 160-1(i)](https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html). Discretion and judgment should be used to make decisions with what is available.

<table>
<thead>
<tr>
<th>Emergency services missions or essential tasks</th>
<th>Training activities or meetings difficult to conduct virtually</th>
</tr>
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</table>