



CAP REGULATION 39-2

18 OCTOBER 2018

APPROVED/ S. PARKER/CAP/DP

Personnel

CIVIL AIR PATROL MEMBERSHIP

CAP Regulation 39-2, dated 09 January 2017, is supplemented as follows:

2.2.8.3. Added. Prospective cadets may choose to participate in the cadet physical fitness test with written permission from their parent or guardian but will not be required to do so. The Squadron Commander or a Senior Member designated by the Commander will brief the parent or guardian on the elements of the fitness test prior to obtaining permission to participate. A local version of the CAPF 60 80 or other locally-developed parental permission form will be used and will state the following:

The goal of the Civil Air Patrol Physical Fitness Program is to increase cadets' physical fitness and motivate them to develop a lifelong habit of exercising regularly. The cadet physical fitness test (CPFT) is a part of that program. The test may consist of pushups, situps, sit-and-reach, mile run/walk, and/or the 'pacer' test which is a multistage, timed, 20-meter shuttle run that starts relatively easy and progresses in difficulty.

Participation in the CPFT for prospective cadets is OPTIONAL and participation/nonparticipation will not affect their membership in CAP. It does not count toward promotion requirements if they join.

An example local version of the CAPF 60-80 will be posted to the Wing website.

2.3. Virginia Wing Squadrons may levy dues. The dues structure will be reported with the annual budget submission.

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DEAN E. GOULD, Colonel, CAP
Commander

Attachment 1

COMPLIANCE ELEMENTS

There are no compliance elements for this supplement