1. **Swarming.** Multiple cadre intensively engaging simultaneously with students, often with contradictory or confusing commands.

2. **Out of Bounds.** Level 1 intensity used when not authorized or otherwise inappropriate. Examples: Before Honor Agreement signed (at encampment), during an academic class, during Personal Time, or in non-CAP spaces such as the medical clinic or Base Exchange.

3. **Personal Space Violation.** Raised voice directed at a student within arm’s length.

4. **Punishing Success.** Cadre continues to use Level 1 intensity despite successful completion of an assigned task. Example: Repeatedly yelling “Again!!” after student successfully recites memory work.

5. **Terrorizing.** Continued use of Level 1 intensity when a student is displaying obvious signs of excessive stress. Examples: Cadets who are tearful or crying, unable to respond verbally, or are vapor locked.

6. **Embroilment.** Use of Level 1 Intensity by cadre when upset or angry.

7. **Intensity Without Training Value.** Cadre must be able to articulate the reasons for use of Level 1 intensity that are related to legitimate training objectives. Intensity used to amuse cadre or others is inappropriate.

8. **Loud Noise Without Training Value.** Use of loud repeated or sustained noise solely to increase intensity without an articulable training value. Includes drumming, loud recordings, horns, whistles, etc.

9. **Resistance to Supervision.** Attempting to minimize supervision and oversight by more senior cadre or senior members. Examples: Discouraging seniors from being present during Level 1 intensity activities, moving students out of sight or hearing of more senior cadre or seniors in order to minimize effective supervision, or not accepting and/or undermining guidance concerning intensity and training methods provided by more senior cadre and senior members.

AND FOR BOTH CADRE AND SENIORS:

10. **Reluctance to Supervise.** Failure to be present, supervise, and actively intervene as necessary to ensure compliance with encampment guidance.